

# ***DEPRESSION ON COLLEGE CAMPUSES CONFERENCE*** *Fighting Stigma with Knowledge and Understanding*

**March 22-23, 2005**  
**Rackham Graduate School**  
**Ann Arbor, Michigan**

~FEATURED SPEAKER SESSIONS AND PANEL DISCUSSIONS ARE FREE AND OPEN TO THE PUBLIC~

**TUESDAY, MARCH 22, 2005**

8:00am	Registration & Continental Breakfast
8:45am	<i>Welcome</i> Lester Monts, Ph.D., Senior Vice Provost for Academic Affairs and Professor of Music, University of Michigan
8:55am	Remarks Steven Kunkel, Ph.D., Interim Dean, Horace H. Rackham School of Graduate Studies
9:00am	<i>Overview</i> John Greden, M.D., Chair, Department of Psychiatry and Executive Director, Depression Center, University of Michigan
9:15am	<b><i>FEATURED SPEAKER: Patrick Corrigan, Psy.D., Executive Director, Center for Psychiatric Rehabilitation at the Evanston Northwestern Healthcare Research Institute</i></b> What Is Stigma and What Can We Do to Prevent or Diminish It? <i>Introduction provided by John Greden, M.D., Chair, Department of Psychiatry and Executive Director, Depression Center, University of Michigan</i>
10:15am	Break
10:30am	<b><i>CONCURRENT SESSIONS: Fighting Stigma Through Knowledge and Understanding</i></b> Elissa Weitzman, Sc.D., M.Sc., Research Scientist, Harvard University School of Public Health, <i>"Vulnerabilities for Depression and Drinking in College"</i>  <i>~the following sessions also take place on day 2~</i> Alison Malmon, Founder of Active Minds, Inc., <i>"The Knowledge to Empower Students to Help One Another"</i> Karen Swartz, M.D., Director, Affective Disorders Consultation Clinic, Johns Hopkins University, <i>"The Knowledge to Educate Earlier: the Adolescent Depression Awareness Program"</i> Phil Meilman, Ph.D., Senior Research and Clinical Psychologist, Cornell University, <i>"Dealing with Student Suicides: The Postvention Approach"</i> Jennifer Crocker, Ph.D., Professor of Psychology & Julie Garcia, Ph.D. candidate, University of Michigan, <i>"Understanding the Effects of Stigma on Everyday Student Life"</i>
12:00pm	Lunch (provided only for those who have pre-paid and for speakers)
12:45pm	<i>~Doors will open at 12:35 pm to let in those who did not attend lunch – seating is first come, first serve~</i> <b><i>FEATURED SPEAKER: Paolo del Vecchio, M.S.W., Associate Director for Consumer Affairs, Substance Abuse and Mental Health Services Administration/Center for Mental Health Services</i></b>

Federal Efforts to Address Stigma and Discrimination

*Introduced by Robert Winfield, M.D., Director, University Health Service, University of Michigan*

- 1:30pm **LIVE VIGNETTES** addressing “How to Support and Assist Students with Depression”  
Jeffrey Steiger, Program Manager, Center for Research on Learning and Teaching (CRLT), University of Michigan, and the CRLT Players
- 2:30pm *Follow Up Group Discussions: How Can You Assist the Depressed Student?”*  
*Introduced by Rachel Glick, M.D., Clinical Associate Professor of Psychiatry, University of Michigan*
- Choose from one of the following:*  
Greg Merritt, Ph.D., Assistant Director, Residence Education, Housing Division, University of Michigan  
*What Can Resident Advisors and Housing Staff Do?*
- Alison Malmon, Founder, Active Minds on Campus  
*What Can A Student Do?*
- Stephanie Pinder-Amaker, Ph.D., Associate Dean of Students, University of Michigan  
*What Can An Administrator Do?*
- Karl-Georg Federhofer, M.A., Lecturer in Germanic Languages and Literature, University of Michigan  
*What Can the Faculty Do?*
- Toni Morales, Student Services Associate, University of Michigan  
*What Can Academic Advisors Do?*
- 3:30pm Break
- 3:45pm **FEATURED SPEAKER: Benedetto Vitiello, M.D., Chief of the Child and Adolescent Treatment and Preventive Intervention Research Branch, National Institute of Mental Health**  
Adolescents and Antidepressants: What is Myth and What is Reality?  
*Introduction provided by Donna Champine, M.D., Clinical Assistant Professor, Department of Psychiatry, University of Michigan*
- 4:45pm **PANEL & DISCUSSION: Using Effective Spokespersons to Fight Stigma: Athletes and Depression**  
*Moderator: David Rosen, M.D., M.P.H., Clinical Professor and Director, Section of Teenage and Young Adult Health, Department of Pediatrics and Communicable Diseases, University of Michigan*
- The following panelists will each have 10 minutes, with discussion to follow:*
- Eric Adelson, Senior Writer, ESPN The Magazine
- Eric Hipple, Former NFL Quarterback for the Detroit Lions
- Alli Spence, Former University of Maryland Basketball Player
- John Howell, NFL Safety for the Tampa Bay Buccaneers
- 5:30pm Preview of Tomorrow’s Activities and Invitation to “Finding Voice” Art Display  
Todd Sevig, Ph.D., Director, Counseling and Psychological Services, University of Michigan
- 8:00pm **FREE CONCERT:** University of Michigan student a cappella groups, the Friars and the Harmonettes

**WEDNESDAY, MARCH 23, 2005**

8:00am	Registration & Continental Breakfast
8:30am	<i>Reflections and Summary of First Day</i> John Greden, M.D. Chair, Department of Psychiatry and Executive Director, Depression Center, University of Michigan
8:45am	<b>FEATURED SPEAKER: Paul Raeburn, Author and Journalist</b> Acquainted With the Night: A Parent's View <i>Introduction provided by John Greden, M.D., Chair, Department of Psychiatry and Executive Director, Depression Center, University of Michigan</i>
9:45am	Break
10:00am	<b>PANEL &amp; DISCUSSION: Fighting Stigma Through Policy Change</b> <i>Moderator: Michelle Riba, M.D., Clinical Professor and Associate Chair for Integrated Medical and Psychiatric Services, Department of Psychiatry, University of Michigan; President, American Psychiatric Association</i>  <i>The following panelists will each have 10 minutes, with discussion to follow:</i>  Maryanne Kirkbride, MS, MBA, RN, Clinical Director for Campus Life, Massachusetts Institute of Technology <i>Community Health Approaches to Reducing Stigma on Campus</i>  Richard Kadison, M.D., Chief of the Mental Health Section, Harvard University <i>Getting Students Into Care: Collaboration and Creativity from the Top Down and the Bottom Up</i>  Morton Silverman, M.D., Senior Advisor to the Suicide Prevention Resource Center <i>Addressing Stigma in the Graduate Professional School Environment</i>  Carol Mowbray, Ph.D., Professor of Social Work, University of Michigan and Director, NIMH Center for Poverty, Risk, and Mental Health <i>Supported Education: Collaborations Between Higher Education and Mental Health Agencies</i>  Barbara Blacklock, M.A., L.I.S.W., Disability Specialist, University of Minnesota <i>Creating Campus Change Guided by Research: Responding to the Needs of College Students with Psychiatric Disabilities</i>
11:30am	Lunch (on your own)
1:00pm	<b>PANEL &amp; DISCUSSION: Diverse Populations, Diverse Needs: The Many Faces of Stigma on College Campuses</b> <i>Moderator: Daniel Pak, M.D., Program on Intergroup Relations, University of Michigan</i>  <i>The following panelists will each have 10 minutes, with discussion to follow:</i>  Sherry Molock, Ph.D., George Washington University <i>Depression in African-American Students</i>  D. John Lee, Ph.D., Assistant Director, Michigan State University Counseling Center <i>The Multi-Ethnic Counseling Center Alliance (MECCA) program</i>  Rodolfo Altamirano, Ph.D., Director, International Center, University of Michigan <i>Depression in International Students</i>  Stephanie Pinder-Amaker, Ph.D., Associate Dean of Students, University of Michigan <i>The "Real Men Real Depression Campaign" at Michigan</i>  Howard Liu, M.D., House Officer, Department of Psychiatry, University of Michigan

*Mental Health: The Hidden Face of the Model Minority*

2:30pm Break

2:45pm *CONCURRENT SESSIONS: Fighting Stigma Through Knowledge and Understanding*

Annelle Primm, M.D., M.P.H., Associate Professor, The Johns Hopkins Hospital, Department of Psychiatry, Director, Minority and National Affairs, American Psychiatric Association  
*"Stigma, 'Double Stigma,' and African-Americans"*

*~the following sessions also take place on day 1~*

Alison Malmon, Founder of Active Minds, Inc., *"The Knowledge to Empower Students to Help One Another"*

Karen Swartz, M.D., Director, Affective Disorders Consultation Clinic, Johns Hopkins University, *"The Knowledge to Educate Earlier: the Adolescent Depression Awareness Program"*

Phil Meilman, Ph.D., Senior Research and Clinical Psychologist, Cornell University, *"Dealing with Student Suicides: The Postvention Approach"*

Jennifer Crocker, Ph.D., Professor of Psychology & Julie Garcia, Ph.D. candidate, University of Michigan, *"Understanding the Effects of Stigma on Everyday Student Life"*

4:15pm Concluding Remarks & Discussion of the Future

John Greden, M.D. Chair, Department of Psychiatry and Executive Director, Depression Center, University of Michigan