

Peripheral Artery Disease



Other names:

- PAD
- Peripheral Vascular Disease or PVD

Last revised: August 2008

The purpose of this guide is to help people diagnosed with peripheral artery disease and their families to find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Wellness Resource Center, room 2101 in the Cardiovascular Center.

Brochures, Fact sheets

- American Heart Association. *About Your Peripheral Artery Disease.*
- Society for Vascular Surgery. *Learn the facts on Peripheral Arterial Disease.*
- Vascular Disease Foundation.
 - *PAD, Increases your Risk For Heart Attack and Stroke*
 - *Focus on Walking*

Access online at: <http://www.vdf.org/Resources/pamphlets.php>

Audiovisual Resources

- Information Television Network. *Peripheral Arterial Disease.* (30 min.). Information Television Network, [2005].
Part of the public television series Healthy Body/Healthy Mind this program features specialists discussing the ways to manage and control peripheral arterial disease.

Web Resources

- **HearHub for Patients – section on Peripheral Artery Disease**
Access at: <http://www.hearthub.org>
Under “Health Centers” click on: “Peripheral Artery Disease”
This section includes news and information on PAD, symptoms, treatments and medications and personal stories. Provided by the American Heart Association.
- **Familydoctor.org** – section on Peripheral Arterial Disease and Claudication
Access at: <http://familydoctor.org>. Under “Conditions A to Z” click on “Heart Disease & Stroke” and click on the link.
An easy-to-read overview of PAD, symptoms and treatment.
- **The National Heart, Lung, and Blood Institute (NHLBI) – Section on Peripheral Arterial Disease**
Access at: <http://www.nhlbi.nih.gov>
Click on “A-Z Diseases and Conditions Index” and select “Peripheral Arterial Disease” from the list
This section provides an easy-to-read overview of Peripheral Arterial Disease, causes, symptoms, diagnosis and treatment.
- **Society of Interventional Radiology**
Access at: <http://www.sirweb.org>
The Patients and Public section has information on peripheral vascular diseases and several interventional radiology procedures used to treat these conditions.
- **Vascular Disease Foundation**
Access at: <http://www.vdf.org>
Information about several vascular diseases including peripheral arterial disease, carotid artery disease and related conditions.
- **University of Michigan Department of Vascular Surgery**
Access at: <http://surgery.med.umich.edu/vascular/index.shtml>
The site of the U-M department of Vascular Surgery provides information about specific conditions, preparing for surgery, and physicians and staff in the department.

University of Michigan Resources

- **The Preventive Cardiology program** at Domino's Farms offers a number of relevant program and services Including:
 - Cardiac Rehabilitation Program
 - Exercise Consultations
 - Nutrition Services
 - Stress Management ServicesFor more information access <http://www.med.umich.edu/cvc/adult/serpre.htm> or call: 734.998.7400.
- **Tobacco Consultation Service**
Group and individual quit-smoking programs.
For more information access: <http://www.med.umich.edu/mfit/tobacco/> or call 734.936.5988.

Patient Support Organization

- Vascular Disease Foundation
Web site: <http://www.vdf.org>
Toll-Free Number: 1.866.723.4636

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

©2008 The Regents of the University of Michigan
Document #010/ Revised April 2008
Compiled by Ruti Volk, MSI, Wellness Resource Center Librarian