

Peripheral Artery Disease



Other names:

- Claudication
- PAD
- Peripheral Vascular Disease or PVD
- Peripheral Vascular Occlusive Disease
- Atherosclerotic peripheral arterial disease

Last revised: July 2010

The purpose of this guide is to help people diagnosed with peripheral artery disease and their families to find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Wellness Resource Center, room 2101 in the Cardiovascular Center.

Brochures, Fact sheets

- American Heart Association. *About Your Peripheral Artery Disease*.
- Society for Vascular Surgery. *Learn the facts on Peripheral Arterial Disease*.
- Society of Interventional Radiology.
 - *Treating Peripheral Vascular Disease*
 - *What You Should Know about Peripheral Arterial Disease*
- Vascular Disease Foundation.
 - *Focus on PAD* (English and Spanish)
 - *Focus on Walking*

Access online at: <http://www.vdf.org/Resources/pamphlets.php>

Books

- Mohler, Emile R., and Alan T. Hirsch. *100 Questions & Answers about Peripheral Artery Disease*. Sudbury, MA: Jones and Bartlett Publishers, 2010.

Audiovisual Resources

- National Heart, Lung, and Blood Institute. *Stay in Circulation: Take Steps to Learn About P.A.D.* 7:30 minutes.

Web Resources

- **HeartHub for Patients – Peripheral Artery Disease**

- Access at: <http://www.hearthub.org/>

- Under “Health Centers” click on: “Peripheral Artery Disease”

This section includes news and information on PAD, symptoms, treatments and medications and personal stories. Provided by the American Heart Association.

- **National Heart, Lung, and Blood Institute (NHLBI) – Peripheral Arterial Disease**

- Access at: <http://www.nhlbi.nih.gov/>

- Click on “Search the Diseases and Conditions Index”

- Select “Peripheral Arterial Disease” from the list

This section provides an easy-to-read overview of Peripheral Arterial Disease, causes, symptoms, diagnosis and treatment.

- **Society of Interventional Radiology – Peripheral Arterial Disease**

- Access at: <http://www.sirweb.org/>

- Click on “Patients”

- On the left-hand side under “IR Treatments,” Click on “Peripheral Arterial Disease”

The Patients and Public section has information on peripheral vascular diseases and several interventional radiology procedures used to treat these conditions.

- **Vascular Disease Foundation**

- Access at: <http://www.vdf.org/>

- Click on “Disease Information”

- Click on “Peripheral Arterial Disease”

Information about several vascular diseases including peripheral arterial disease, carotid artery disease and related conditions.

- **The University of Michigan Department of Vascular Surgery** section on Peripheral Vascular Occlusive Disease

- Access at: <http://surgery.med.umich.edu/vascular/index.shtml>

- Click on “Conditions” and select “Peripheral Vascular Occlusive Disease”

The site of the U-M department of Vascular Surgery provides information about the condition, treatments, and physicians and staff in the department.

- **UpToDate - Patient information: Claudication (Peripheral Arterial Disease)**

- Access at: <http://www.patients.uptodate.com/>

- Hold the mouse over "View patient-level articles by category"

- Click on "Heart Disease"

- Relevant articles are listed under "Claudication"

This detailed, comprehensive overview is based on professional literature reviews written for physicians. The overview includes some medical terminology and is suitable for readers seeking to gain in-depth understanding of the topic.

University of Michigan Resources

- **The Preventive Cardiology program** at Domino's Farms offers a number of relevant program and services Including:

- Cardiac Rehabilitation Program
 - Exercise Consultations
 - Nutrition Services
 - Stress Management Services

For more information access

<http://www.med.umich.edu/cvc/adult/serpre.htm> or call: 734.998.7400.

- **Vascular Surgery at the University of Michigan**

The University of Michigan section of Vascular Surgery is dedicated to the care and treatment all blood vessels outside the heart and brain. Access the site at: <http://surgery.med.umich.edu/vascular/> for information about appointments and vascular conditions or call: 1-888-287-1082.

- **Tobacco Consultation Service**

Group and individual quit-smoking programs.

For more information access: <http://www.med.umich.edu/mfit/tobacco/> or call 734.936.5988.

Patient Support Organizations

- **Vascular Disease Foundation**

Web site: <http://www.vdf.org/>

Toll-Free Number: 1.866.723.4636

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

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Document #010/ Revised July 2010
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