

Chronic Venous Insufficiency



Other names:

- Post-phlebitic Syndrome

Last revised: August 2008

The purpose of this guide is to help people diagnosed with Chronic Venous Insufficiency and their families to find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Wellness Resource Center, room 2101 in the Cardiovascular Center

Brochures, Fact sheets

- Society of Interventional Radiology. *Varicose Veins and Venous Insufficiency*.

Audiovisual Resources

- **Varicose Veins & Chronic Venous Insufficiency.** University of Michigan Department of Surgery – Vascular Surgery
Available for viewing on the web at:
<http://surgery.med.umich.edu/vascular/clinical/disease-specific/venous/index.shtml>
The DVD is also available for loan at the Wellness Resource Center, Room 2101 in the Cardiovascular Center

Web Resources

- **American Venous Forum**
Access at: <http://veinforum.org> and click on "Patients"
The site has overviews, articles and videos about vascular conditions.

- **Chronic Venous Insufficiency** on VascularWeb.
Access at: <http://www.vascularweb.org>
Provided by the Society of Vascular Surgery. Click on the link to "Patient Information" and select the appropriate topic from the list.
 - **University of Michigan Department of Vascular Surgery**
Access at: <http://surgery.med.umich.edu/vascular/index.shtml>
The site of the U-M department of Vascular Surgery provides information about specific conditions, preparing for surgery, and physicians and staff in the department.
 - **UpToDate.**
 - *Patient information: Chronic venous insufficiency*
- Access at: <http://www.patients.uptodate.com> and type "Chronic venous insufficiency" in the search box.
- This detailed, comprehensive overview is based on professional literature reviews written for physicians and updated regularly. The overview is very detailed and includes some medical terminology. It is suitable for readers seeking to gain in-depth understanding of DVT.

University of Michigan Resources

- **Tobacco Consultation Service**
Group and individual quit-smoking programs.
For more information access: <http://www.med.umich.edu/mfit/tobacco/> or call 734.936.5988.

Patient Support Organization

- Vascular Disease Foundation
Web site: <http://www.vdf.org>
Toll-Free Number: 1.866.723.4636

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

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Document #078/ Revised August 2008
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