

Heart Valve Disorders & Surgery



Related terms:

- Mitral Valve Surgery
- Aortic Valve Replacement

Last revised: August 2010

The purpose of this guide is to help patients and families to find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Wellness Resource Center, room 2101 in the Cardiovascular Center.

Brochures & Fact Sheets

Krames Communications. *Understanding Heart Valve Disease.*

Audiovisual Resources

- **An interactive tutorials on MedlinePlus.gov – Mitral Valve Prolapse and Heart Valve Replacement**

→ Access at: <http://www.medlineplus.gov/>

→ Click on "Videos & Cool Tools"

→ Click on "Interactive Tutorials"

→ Under "Diseases and Conditions," select "Mitral Valve Prolapse" -OR-

→ Under "Treatments and Procedures," select "Heart Valve Replacement"

These slide shows with voice over and graphics describe mitral valve prolapsed and heart valve replacement surgery.

Web Resources

- **National Heart, Lung, and Blood Institute – Heart Valve Disease**

→ Access at: <http://www.nhlbi.nih.gov/>

→ Click on "Search the Diseases and Conditions Index"

→ Select "Heart Valve Disease" from the list

This section provides an easy-to-read overview of risk factors, signs and symptoms, diagnosis, and treatment of heart valve disease.

- **Society of Thoracic Surgeons – Valve Repair/Replacement Surgery**
 - Access at: <http://www.sts.org/>
 - Click on: Patient Information
 - Click on: “Valve Repair/Replacement Surgery”

In-depth information about valve surgical procedures.
- **University of Michigan Department of Cardiac Surgery**
 - Access at: <http://www.cardiac.um-surgery.org/>
 - Click on: “Adult Conditions & Treatments”

The U-M department of Cardiac Surgery offers descriptions of the procedures and information about the doctors and clinical activities at the center.

University of Michigan Resources

- **The Preventive Cardiology program** at Domino’s Farms offers a number of relevant program and services Including:
 - Cardiac Rehabilitation Program
 - Exercise Consultations
 - Nutrition Services
 - Stress Management Services

For more information access
<http://www.med.umich.edu/cvc/adult/serpre.htm>
or call: 734.998.7400.
- **Tobacco Consultation Service**
Group and individual quit-smoking programs.
For more information access:
<http://hr.umich.edu/mhealthy/programs/tobacco/consultation/index.html> or call
734.936.5988.

Patient Support Organizations

- **American Heart Association**
Web site: <http://www.heart.org/>
Tel.: 1-800-242-8721

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

©2010 The Regents of the University of Michigan
Document #009 Revised August 2010
Compiled by Ruti Volk, MSI, Wellness Resource Center Librarian