

# Renovascular Conditions

## INFORMATION GUIDE



Other names:

- Renal Artery Stenosis, (RAS)
- Renal Vascular Hypertension (RVH)
- Renal Artery Aneurysm (RAA)

The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Mardigan Wellness Resource Center located off the Atrium on Floor 2 of the Cardiovascular Center. Visit our website at

<http://www.umcvc.org/mardigan-wellness-resource-center>  
and online Information guides at <http://infoguides.med.umich.edu/home>

### Brochures, Fact sheets

- Journal of American Medical Association (JAMA) Patient Page  
**Renal Artery Stenosis**  
<http://jama.ama-assn.org/cgi/reprint/300/17/2084.pdf>
- Michigan Medicine  
**Renovascular Disease**  
<http://www.med.umich.edu/1libr/Surgery/VascularSurgery/465-RenovascularDisease.pdf>

### Web Resources

- **Society for Vascular Surgery: Renovascular Conditions**  
<https://vascular.org/patient-resources/vascular-conditions/renovascular-conditions>  
Provides information on symptoms, causes, diagnosis, and treatments.
- **Vascular Cures: Types of Vascular Diseases**  
<http://vascularcures.org/types-of-vascular-diseases/>
  - From the left side of the page click on “**Kidney Failure and Vascular Disease**”
  - From the left side of the page click on “**Renovascular Hypertension**”Information on various vascular diseases is provided.

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- **National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK): Renal Artery Stenosis**  
<https://www.niddk.nih.gov/health-information/kidney-disease/renal-artery-stenosis>  
Provides information on risks, symptoms, complications, and treatment.

### Michigan Medicine Resources

- **Michigan Medicine Frankel Cardiovascular Center Vascular Surgery**  
Vascular Surgery is dedicated to the care and treatment all blood vessels outside the heart and brain.  
For information about appointments and vascular conditions:  
<https://www.umcvc.org/conditions-treatments/vascular-surgery>
- **The Cardiovascular Disease Prevention & Rehabilitation Program** at Domino's Farms offers a number of relevant programs and services including:
  - Cardiac Rehabilitation Program
  - Exercise Consultations
  - Nutrition Services
  - Stress Management ServicesFor more information access <http://www.umcvc.org/medical-services/cardiovascular-disease-prevention-and-rehabilitation>
- **Tobacco Consultation Service**  
Group and individual quit-smoking programs.  
For more information access:  
<http://hr.umich.edu/mhealthy/programs/tobacco/> or call (734) 998-6222 or email [quitsmoking@med.umich.edu](mailto:quitsmoking@med.umich.edu)

### Patient Support Organization

- **Vascular Cures**  
<http://vascularcures.org/>

This document contains information and/or instructional materials developed by the Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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