Other names:
- Implantable cardioverter-defibrillator (ICD)
- Automated external defibrillator
- Cardiac Pacemaker

The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Mardigian Wellness Resource Center located off the Atrium on Floor 2 of the Cardiovascular Center. Visit our website at http://www.umcvc.org/mardigian-wellness-resource-center and online Information guides at http://infoguides.med.umich.edu/home

**Brochures, Fact sheets**
- American Heart Association
  - Devices that May Interfere with ICDs and Pacemakers
  - Living with Your Implantable Cardioverter Defibrillator (ICD)
  - Living with Your Pacemaker
- What is an Implantable Cardioverter-Defibrillator (ICD)? Access online at: [http://www.heart.org/idc/groups/heart-public/@wcm/@hcm/documents/downloadable/ucm_300449.pdf](http://www.heart.org/idc/groups/heart-public/@wcm/@hcm/documents/downloadable/ucm_300449.pdf)
• Heart Rhythm Society
  o Pacemakers
  o Implantable Cardioverter Defibrillators (ICD's)
  Both available online at: [http://www.hrsonline.org/Patient-Resources/Patient-Information-Sheets](http://www.hrsonline.org/Patient-Resources/Patient-Information-Sheets)
  Scroll down and click on the title.

Books


Web Resources
• American Heart Association: Arrhythmia
  [http://www.heart.org/HEARTORG/Conditions/Arrhythmia](http://www.heart.org/HEARTORG/Conditions/Arrhythmia)
  This section includes information on implantable devices.

• Heart, Lung, and Blood Institute (NHLBI) – Sections on Pacemaker and Implantable Cardioverter Defibrillator
  → Click on “See all Health Topics” under the “Health Topics” Heading
  → Click the letter “I” then “Implantable Cardioverter Defibrillator”
  → Click on the letter “P” and then select “Pacemakers”
  These sections provide an easy-to-read overview of pacemakers or defibrillators including who needs them, how they work and lifestyle.
• **Heart Rhythm Society**  
  [http://www.hrsonline.org/Patient-Resources](http://www.hrsonline.org/Patient-Resources)  
  This site provides accurate and clear information about cardiac arrhythmia disorders and includes information on treatment and devices.

• **UpToDate**  
  - **Patient information: Pacemakers**  
  - **Patient information: Implantable Cardioverter-Defibrillators**  
    Type “Defibrillators” or “Pacemakers” into the “Search Patient Content” box  
  These detailed, comprehensive overviews are based on professional literature reviews written for physicians. The overviews include some medical terminology and are suitable for readers seeking to gain in-depth understanding of coronary heart disease.

**Michigan Medicine Resources**

• **The Cardiovascular Disease Prevention & Rehabilitation program** at Domino’s Farms offers a number of relevant program and services including:  
  - Cardiac Rehabilitation Program  
  - Exercise Consultations  
  - Nutrition Services  
  - Stress Management Services  
  or call: 888.287.1082

• **Tobacco Consultation Service**  
  Group and individual quit-smoking programs.  
  For more information access: [http://hr.umich.edu/mhealthy/programs/tobacco/](http://hr.umich.edu/mhealthy/programs/tobacco/) or call (734) 998-6222  
  or email quitsmoking@med.umich.edu
Websites of Heart Device Companies

- **Biotronik**
  [https://www.biotronik.com/en-us](https://www.biotronik.com/en-us)
  This site provides information on conditions, procedures, and their devices.

- **Boston Scientific: LifeBeat**
  Information and an online newsletter for people with a heart device.

- **Medtronic**
  Provides information on what a pacemaker is and gives information on the various pacemakers the company has to offer.

- **Abbott/St.Jude: Arrhythmias**
  This site provides information on arrhythmias and has information on the company's various devices.

Patient Support Organizations

- **Heart Rhythm Society**
  (202) 464-3400