Other names:
- Heart Pump
- Mechanical Pump
- Ventricular Assist Device (VAD)
- Left Ventricular Assist Device (LVAD)
- Left Ventricular Assist System (LVAS)
- Right ventricular assist device (RVAD)
- Biventricular assist device (BIVAD)
- Total Artificial Heart (TAH)

The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Mardigian Wellness Resource Center located off the Atrium on the 2nd floor of the Cardiovascular Center. Visit our website at http://www.umcvc.org/mardigian-wellness-resource-center and online Information Guides at http://infoguides.med.umich.edu/home

Michigan Medicine Resources
Michigan Medicine VAD Program
https://www.umcvc.org/conditions-treatments/vad-program-center-circulatory-support
Information on the VAD Program as well as examples of the many options for mechanical circulatory assistance available.

- Cardiovascular Disease Prevention & Rehabilitation Program at Domino's Farms offers a number of relevant programs and services including:
  - Cardiac Rehabilitation Program
  - Exercise Consultations
  - Nutrition Services
  - Stress Management Services
  For more information access http://www.umcvc.org/medical-services/cardiovascular-disease-prevention-and-rehabilitation or call: 734.888.287.1082
• University of Michigan Adult Heart Transplant & Center for Circulatory Support VAD Support Group
The VAD Patient and Family Support Group is comprised of pre and post heart transplant patients and their families. The goal of the group is to provide a place where patients and families can receive both professional and peer support on a regular basis. Meetings are usually on the first Monday of the month. For further information see the following [http://www.umcvc.org/heart-transplant-lvad-support-group](http://www.umcvc.org/heart-transplant-lvad-support-group)
Or call 888.287.1082

• Tobacco Consultation Service
Group and individual quit-smoking programs.
For more information access: [http://hr.umich.edu/mhealthy/programs/tobacco/](http://hr.umich.edu/mhealthy/programs/tobacco/) or call (734) 998-6222 or email quitsmoking@med.umich.edu

Books

Brochures, Fact sheets
• HeartWare®. *HeartWare® Ventricular Assist System Patient Manual*

Articles
Access online at: [http://circ.ahajournals.org/content/124/12/e305](http://circ.ahajournals.org/content/124/12/e305)
Audiovisual Resources

- HeartWare®, HVAD (HeartWareVAD) System Animation Video. 
  https://www.youtube.com/watch?v=hwuNdyTaxXg

- Thoratec. Heartmate II® Left Ventricular Assist Device (Thoratec) Video 
  https://www.youtube.com/watch?v=ev_01gOVMWAM

- University of Colorado, School of Medicine, National Institutes on Aging and 
  Patient-Centered Outcomes Research Institute. Left Ventricular Assist 
  Device (LVAD). 
  https://patientdecisionaid.org/lvad/ 
  This video is for patients with heart failure who are trying to decide whether 
  to get a left ventricular assist device (LVAD) for permanent treatment.

Web Resources

- HeartWare®
  http://www.heartware.com/ 
  → Near the top of the page click on “Patients & Caregivers” 
  This site has information explaining what a VAD is, a downloadable 
  patient manual and patient news and stories.

- Thoratec Corporation providers of the HeartMate II® LVAD and the 
  CentriMag® Blood Pump 
  http://www.thoratec.com/patients-caregivers/index.aspx
  This site has basic information on VAD's. Some materials may be accessed 
  online and some may be requested on the site.

- American Heart Association: Implantable Medical Devices 
  http://www.heart.org/HEARTORG/Conditions/HeartAttack/PreventionTreatmentofHeartAttack/Implantable-Medical-Devices_UCM_303940_Article.jsp
• National Heart, Lung, and Blood Institute (NHLBI): Ventricular Assist Devices
  http://www.nhlbi.nih.gov/
  → Under “Health Topics” click on “Health Topics A-Z”
  → Scroll down and click on “V” under A-Z Index
  → Click on “Ventricular Assist Device”
  This section provides an easy-to-read overview of the condition including causes, symptoms, diagnosis and treatment.

• SynCardia Systems, Inc. providers of the CardioWest™ Temporary Total Artificial Heart
  http://www.syncardia.com/
  → Near the top of the page click on “For Patients”
  Information is provided here on general heart education as well as what to expect with a total artificial heart as well as a downloadable Patient Brochure.

Patient Support Organizations
• American Heart Association
  http://www.heart.org
  1-800-242-8721

• MyLVAD
  http://www.mylvad.com/
  This site is an Internet based community for LVAD recipients, their families and friends. It helps those with LVADs to reach out, network and better understand their new lives through their connections with others.