

Heart Catheterization

INFORMATION GUIDE



Also Called:

- Cardiac catheterization
- Cardiac cath
- Heart cath

Including:

- Angiogram
- Angiography
- Angioplasty

The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Mardigian Wellness Resource Center located off the Atrium on Floor 2 of the Cardiovascular Center. Visit our website at <http://www.umcvc.org/mardigian-wellness-resource-center> and online Information guides at <http://infoguides.med.umich.edu/home>

Brochures, Fact Sheets

- American Heart Association
 - **Your Cardiac Catheterization: Our Guide to Understanding an Important Diagnostic Procedure**
 - **Coronary Angioplasty and Stenting**
 - **What is Coronary Angiogram?**
http://www.heart.org/idc/groups/heart-public/@wcm/@hcm/documents/downloadable/ucm_300436.pdf
 - **What is Coronary Angioplasty?**
http://www.heart.org/idc/groups/heart-public/@wcm/@hcm/documents/downloadable/ucm_300437.pdf
- RadiologyInfo.org
 - **Angioplasty and Vascular Stenting**
<https://www.radiologyinfo.org/en/pdf/angioplasty.pdf>

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Audiovisual Resources

- **Your Cardiac Catheterization at the University of Michigan**
<http://www.uofmhealth.org/media/21276>
This video shows what to expect when you come to the University of Michigan for a Cardiac Catheterization.

Web Resources

- **American Heart Association: Cardiac Catheterization**
<https://www.heart.org/en/health-topics/heart-attack/diagnosing-a-heart-attack/cardiac-catheterization>
Provides an overview of cardiac catheterization, including why people have one and how to prepare for the procedure.
- **The National Heart, Lung, and Blood Institute (NHLBI): Cardiac Catheterization and Coronary Angiography**
<https://www.nhlbi.nih.gov/>
 - Under “**Health Topics**” select “**Health Topics A-Z**”
 - Scroll down and click on “**C**”
 - Select “**Cardiac Catheterization**” and “**Coronary Angiography**”Easy-to-read overviews that cover what happens before, during and after the procedures.
- **Society for Vascular Surgery: Angiogram**
<https://vascular.org/patient-resources/vascular-tests/angiogram>
Provides an overview of the procedure as well as information about related conditions and tests.

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Michigan Medicine Resources

- **The Cardiovascular Disease Prevention & Rehabilitation Program** at Domino's Farms offers a number of relevant program and services including:

- Cardiac Rehabilitation Program
- Exercise Consultations
- Nutrition Services
- Stress Management Services

For more information access <http://www.umcvc.org/medical-services/cardiovascular-disease-prevention-and-rehabilitation>
or call: 888.287.1082

- **Tobacco Consultation Service**

Group and individual quit-smoking programs.

For more information access:

<http://hr.umich.edu/mhealthy/programs/tobacco/> or call (734) 998-6222 or email quitsmoking@med.umich.edu

- University of Michigan. **Your Cardiac Catheterization at the University of Michigan**

<http://www.uofmhealth.org/media/21276>

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Patient Support Organizations

- **American Heart Association**

<http://www.heart.org/>

1-800-242-8721

This document contains information and/or instructional materials developed by the Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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