

Deep Vein Thrombosis



Alternative names:

- DVT
- Venous thrombosis
- Blood clot in the legs

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The purpose of this guide is to help people diagnosed with deep vein thrombosis and their families to find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Wellness Resource Center, room 2101 in the Cardiovascular Center

Brochures, Fact sheets

- Vascular Disease Foundation. *Focus on Blood Clots*. Access online at: www.vdf.org
- Society of Interventional Radiology. *Deep Vein Thrombosis*.

Audiovisual Resources

- Information Television Network. *DVT*. (30 min.). Information Television Network, [2005].
Part of the public television series Healthy Body/Healthy Mind this program features specialists discussing the ways to detect and treat DVT early and avoid pulmonary embolism.

Web Resources

- **American Venous Forum**
Access at: <http://veinforum.org> and click on "Patients"
The site has overviews, articles and videos about vascular conditions.
- **DVT : What is it?** On the Vascular Disease Foundation Web site
Access at: <http://www.vdf.org>, click on the link to "Disease Information" and select from the list.
A detailed overview with illustrations describes DVT and provides information about diagnosis and treatment.

- **The National Heart, Lung, and Blood Institute (NHLBI) – Section on deep vein thrombosis**
 Access at: <http://www.nhlbi.nih.gov>
 Click on “A-Z Diseases and Conditions Index” and select the topic from the list
 This section provides an easy-to-read overview of the condition including causes, symptoms, diagnosis and treatment.
- **Deep Vein thrombosis** at the Society of Interventional Radiology site
 Access at: <http://www.sirweb.org> and type “DVT” in the search box.
 The Patients and Public section has information on DVT, its symptoms and treatments.
- **Deep Vein thrombosis (DVT)** on VascularWeb.
 Access at: <http://www.vascularweb.org>
 Provided by the Society of Vascular Surgery. Click on the link to “Patient Information” and select the appropriate topic from the list.
- **University of Michigan Department of Vascular Surgery**
 Access at: <http://surgery.med.umich.edu/vascular/index.shtml>
 The site of the U-M department of Vascular Surgery provides information about specific conditions, preparing for surgery, and physicians and staff in the department.
- **UpToDate.**

 - *Patient information: Venous thrombosis*

Access at: <http://www.patients.uptodate.com>, point your cursor on “View Patient- Level Health Topics by Category”, click on “Blood and lymphatic disease” and select from the list.
 This detailed, comprehensive overview is based on professional literature reviews written for physicians and updated regularly. The overview is very detailed and includes some medical terminology. It is suitable for readers seeking to gain in-depth understanding of DVT.

University of Michigan Resources

- **Tobacco Consultation Service**

Group and individual quit-smoking programs.

For more information access: <http://www.med.umich.edu/mfit/tobacco/> or call 734.936.5988.

Patient Support Organization

- Vascular Disease Foundation

Web site: <http://www.vdf.org>

Toll-Free Number: 1.866.723.4636

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

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