

# ***Abdominal Aortic Aneurysm***



Other name:

- AAA

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The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Wellness Resource Center, room 2101 in Cardiovascular Center.

## **Brochures, Fact sheets**

- Society for Vascular Surgery *Abdominal Aortic Aneurysm*.

## **Audiovisual Resources**

- **Abdominal Aortic Aneurysm**  
An interactive tutorial on MedlinePlus.gov  
Access at: <http://www.medlineplus.gov>  
Click on the link to Interactive Tutorials and select from the list under the heading: "Diseases and Conditions"  
Slide shows with voice over and graphics explain AAA, its treatment and complications.
- Information Television Network. *Abdominal Aortic Aneurysm: A Silent Killer*. (30 min.). Information Television Network, [2005].  
Part of the public television series Healthy Body/Healthy Mind this program features specialists discussing the ways to manage and control Abdominal Aortic Aneurysm.

## Web Resources

- **AAA : What is it?** On the Vascular Disease Foundation Web site  
Access at: <http://www.vdf.org>, click on the link to "Disease Information" and select from the list.  
A detailed overview with illustration describes Abdominal Aortic Aneurysms including diagnosis and treatment.
- **The National Heart, Lung, and Blood Institute (NHLBI) – Section on Aneurysm**  
Access at: <http://www.nhlbi.nih.gov/>  
Click on "A-Z Diseases and Conditions Index" and select "Aneurysm" from the list  
This section provides an easy-to-read overview of Aneurysm, causes, symptoms, diagnosis and treatment.
- **Society of Interventional Radiology**  
Access at: <http://www.sirweb.org>  
The Patients and Public section has information on Aneurysms several interventional radiology procedures used to treat these conditions.
- **STS Patient Information** on the Society of Thoracic Surgeons (STS) Web site.  
Access at: <http://www.sts.org/sections/patientinformation/> and select from the list.  
This site has an extensive section on Aortic Aneurysm.
- **VascularWeb.**  
Access at: <http://www.vascularweb.org>  
Provided by the Society of Vascular Surgery. Click on the link to "Patient Information" and select the appropriate topic from the list. This site has overviews on Aortic Aneurysm, Peripheral Aneurysms and Thoracic Aneurysm.
- **University of Michigan Cardiovascular Center – Learn About Cardiovascular Disease**  
Access at: <http://www.med.umich.edu/cvc/learn/index.html>  
This site links to overviews of heart conditions and disorders, tests, procedures, treatments, prevention and wellness topics.
- **UpToDate.**
  - *Patient information: Abdominal Aortic Aneurysm*  
Access at: <http://www.patients.uptodate.com>, place your cursor on the link "View patient-level health topics by category", click on the link to "Heart Disease" and scroll down.  
This detailed, comprehensive overview is based on professional literature reviews written for physicians and updated regularly. The overview is very

detailed and includes some medical terminology. It is suitable for readers seeking to gain in-depth understanding of Aortic Aneurysm

## University of Michigan Resources

- **University of Michigan Department of Cardiac Surgery**

Access at: <http://surgery.med.umich.edu/cardiac/index.shtml>

The site of the U-M department of cardiac Surgery provides information about surgery for AAA. Click on "Clinical Care" and then on "Adult Cardiac Surgery" and then on "Procedures"

- **University of Michigan Department of Vascular Surgery**

Access at: <http://surgery.med.umich.edu/vascular/index.shtml>

The site of the U-M department of Vascular Surgery provides information about specific conditions, preparing for surgery, and physicians and staff in the department.

- **The Preventive Cardiology program** at Domino's Farms offers a number of relevant program and services Including:

- Cardiac Rehabilitation Program
- Exercise Consultations
- Nutrition Services
- Stress Management Services

For more information access <http://www.med.umich.edu/cvc/adult/serpre.htm> or call: 734.998.7400.

- **Tobacco Consultation Service**

Group and individual quit-smoking programs.

For more information access: <http://www.med.umich.edu/mfit/tobacco/> or call 734.936.5988.

## Patient Support Organizations

- American Heart Association

Web site: <http://www.heart.org>

Tel.: 1-800-242-8721

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

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