

# Aortic Aneurysm

## INFORMATION GUIDE



### Other Names:

- Abdominal aortic Aneurysm
- AAA
- Thoracic Aortic Aneurysm
- TAA

The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Mardigian Wellness Resource Center located off the Atrium on Floor 2 of the Cardiovascular Center. Visit our website at <http://www.umcvc.org/mardigian-wellness-resource-center> and online Information guides at <http://infoguides.med.umich.edu/home>

### Brochures, Fact sheets

- MedlinePlus from the National Library of Medicine.
  - **Abdominal Aortic Aneurysm.** Available online at: <http://www.nlm.nih.gov/medlineplus/ency/article/000162.htm>
  - **Thoracic Aortic Aneurysm.** Available online at: <http://www.nlm.nih.gov/medlineplus/ency/article/001119.htm>
- National Heart, Lung, and Blood Institute. **What is an Aneurysm?** A printable version is available at: <http://www.nhlbi.nih.gov/health/health-topics/topics/arm>
- Society for Vascular Surgery. **Abdominal Aortic Aneurysm.** Also available online at: <http://vasculardisease.org/flyers/abdominal-aortic-aneurysm-flyer.pdf>

# Aortic Aneurysm

## INFORMATION GUIDE



### Audiovisual Resources

- **Abdominal Aortic Aneurysm Repair** - a two part video series by the University of Michigan Vascular Surgery
  - **Introduction**
  - **Surgical Repair**

<http://www.surgery.med.umich.edu/vascular/patient/patiented.shtml>  
→ Scroll down to the bottom of the page and click on the above titles.
- **Aortic Aneurysm Videos** by the National Library of Medicine  
<http://www.nlm.nih.gov/medlineplus/>
  - Click on “**Videos & Tools**”
  - Click on “**Surgery Videos**”
  - Click on any of the videos under “**Aortic Aneurysm**”

### Web Resources

- **Vascular Cures**  
<http://vascularcures.org/>
  - Find the drop down menu under “**Vascular Disease**”
  - Click on “**What is Vascular Disease?**” from the menu
  - Select “**Abdominal Aortic Aneurysm**” or “**Thoracic Aortic Aneurysm**”

A detailed overview with illustration describes aortic aneurysms including diagnosis and treatment.
- **The National Heart, Lung, and Blood Institute (NHLBI) – Section on Aneurysm**  
<http://www.nhlbi.nih.gov/>
  - Under “**Health Topics**” click on “**See all Health Topics**”
  - Click on “**A**”
  - Select “**Aneurysm**” from the list

This section provides an easy-to-read overview of aneurysm, causes, symptoms, diagnosis and treatment.

# Aortic Aneurysm

## INFORMATION GUIDE



- **Society of Thoracic Surgeons (STS) Patient Information: Thoracic Aortic Aneurysm**  
<http://ctsurgerypatients.org/adult-heart-disease/thoracic-aortic-aneurysm>  
Explains what a thoracic aneurysm is as well as causes, symptoms, diagnosis and treatment.
- **Society of Vascular Surgery**  
<http://www.vascular.org>
  - Click on “Patient Resources”
  - Select “Vascular Conditions”
  - Click on “Abdominal Aortic Aneurysm” or “Thoracic Aortic Aneurysm”
- **UpToDate: Patient information: Abdominal Aortic Aneurysm**  
<http://www.patients.uptodate.com/>
  - In the “Search Patient Content” box type “Aortic Aneurysm”  
This detailed, comprehensive overview is based on professional literature reviews written for physicians and updated regularly. The overview is very detailed and includes some medical terminology. It is suitable for readers seeking to gain in-depth understanding of Aortic Aneurysm.

### University of Michigan Resources

- **University of Michigan Department of Cardiac Surgery: Aortic Multidisciplinary Clinic**  
<http://med.umich.edu/cardiac-surgery/>  
The site of the U-M department of cardiac Surgery provides information about surgery for an aortic aneurysm. For more information call 1-888-287-1082.
- **University of Michigan Department of Vascular Surgery**  
<http://surgery.med.umich.edu/vascular/>  
The site of the U-M department of Vascular Surgery provides information about Abdominal Aortic Aneurysm, preparing for surgery, and physicians and staff in the department. For more information call 1-888-287-1082.

# Aortic Aneurysm

## INFORMATION GUIDE



- **The Cardiovascular Disease Prevention & Rehabilitation Program** at Domino's Farms offers a number of relevant programs and services including:
  - Cardiac Rehabilitation Program
  - Exercise Consultations
  - Nutrition Services
  - Stress Management ServicesFor more information access <http://www.umcvc.org/medical-services/cardiovascular-disease-prevention-and-rehabilitation> or call: 1-888-287-1082.
- **Tobacco Consultation Service**  
Group and individual quit-smoking programs.  
For more information access: <http://www.mhealthy.umich.edu/tobacco/> or call  
734- 998-6222

### Patient Support Organizations

- **American Heart Association**  
<http://www.heart.org>  
1-800-242-8721
- **Vascular Cures**  
<http://vascularcures.org/>  
[info@vascularcures.org](mailto:info@vascularcures.org)

This document contains information and/or instructional materials developed by the University of Michigan Health System (UMHS) for the typical patient with your condition. It may include links to online content that was not created by UMHS and for which UMHS does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

©2017 The Regents of the University of Michigan  
Document #023  
Compiled by Amy Hyde, MLIS, Mardigian Wellness Resource Center Librarian