Aortic Aneurysm

INFORMATION GUIDE

Other Names:

- Abdominal aortic Aneurysm
- AAA
- Thoracic Aortic Aneurysm
- TAA

The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Mardigian Wellness Resource Center located off the Atrium on Floor 2 of the Cardiovascular Center. Visit our website at http://www.umcvc.org/mardigian-wellness-resource-center and online Information guides at http://infoguides.med.umich.edu/home

Brochures, Fact sheets


Audiovisual Resources

- Abdominal Aortic Aneurysm Repair - a two-part video series by the University of Michigan Vascular Surgery
  - Introduction
  - Surgical Repair
  http://www.surgery.med.umich.edu/vascular/patient/patiented.shtml
  → Scroll down to the bottom of the page and click on the above titles.
Web Resources

- **Vascular Cures**
  
  http://vascularcures.org/

  → Find the drop down menu under “Vascular Disease”
  
  → Click on “What is Vascular Disease?” from the menu
  
  → Select “Abdominal Aortic Aneurysm” or “Thoracic Aortic Aneurysm”

  A detailed overview with illustration describes aortic aneurysms including diagnosis and treatment.

- **The National Heart, Lung, and Blood Institute (NHLBI) – Section on Aneurysm**
  
  http://www.nhlbi.nih.gov/

  → Under “Health Topics” click on “See all Health Topics”
  
  → Click on “A”
  
  → Select “Aneurysm” from the list

  This section provides an easy-to-read overview of aneurysm, causes, symptoms, diagnosis and treatment.

- **Society of Thoracic Surgeons (STS) Patient Information: Thoracic Aortic Aneurysm**
  
  http://ctsurgerypatients.org/adult-heart-disease/thoracic-aortic-aneurysm

  Explains what a thoracic aneurysm is as well as causes, symptoms, diagnosis and treatment.

- **Society of Vascular Surgery**
  
  http://www.vascular.org

  → Click on “Patient Resources”
  
  → Select “Vascular Conditions”
  
  → Click on “Abdominal Aortic Aneurysm” or “Thoracic Aortic Aneurysm”
• UpToDate: Patient information: Abdominal Aortic Aneurysm
  http://www.patients.uptodate.com/
  • In the “Search Patient Content” box type “Aortic Aneurysm”
    This detailed, comprehensive overview is based on professional literature
    reviews written for physicians and updated regularly. The overview is
    very detailed and includes some medical terminology. It is suitable for
    readers seeking to gain in-depth understanding of Aortic Aneurysm.

University of Michigan Resources
• University of Michigan Department of Cardiac Surgery: Aortic
  Multidisciplinary Clinic
  http://med.umich.edu/cardiac-surgery/
  The site of the U-M department of cardiac Surgery provides information
  about surgery for an aortic aneurysm. For more information call 1-888-287-
  1082.

• University of Michigan Department of Vascular Surgery
  http://surgery.med.umich.edu/vascular/
  The site of the U-M department of Vascular Surgery provides information
  about Abdominal Aortic Aneurysm, preparing for surgery, and physicians
  and staff in the department. For more information call 1-888-287-1082.

• The Cardiovascular Disease Prevention & Rehabilitation Program at
  Domino’s Farms offers a number of relevant programs and services
  including:
  • Cardiac Rehabilitation Program
  • Exercise Consultations
  • Nutrition Services
  • Stress Management Services
  For more information access http://www.umcvc.org/medical-
  services/cardiovascular-disease-prevention-and-rehabilitation
  or call: 1-888-287-1082.
• Tobacco Consultation Service
  Group and individual quit-smoking programs.
  For more information access: http://www.mhealthy.umich.edu/tobacco/ or call
  734-998-6222

Patient Support Organizations
• American Heart Association
  http://www.heart.org
  1-800-242-8721

• Vascular Cures
  http://vascularcures.org/
  info@vascularcures.org