

# Amputation



University of Michigan  
Cardiovascular Center

Last revised: August 2010

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The purpose of this guide is to help patients and families sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Wellness Resource Center, room 2101.

## Brochures, Fact sheets

- Amputee Coalition of American. **First Step: A Guide for Adapting to Limb Loss.**

## Magazine

- Amputee Coalition of American. **inMotion.**  
→ For subscription information, visit: [www.amputee-coalition.org/](http://www.amputee-coalition.org/)  
inMotion is published bimonthly for amputees, caregivers and healthcare professionals, providing timely and important information on a wide variety of topics related to amputation.

## Books

### *General Reading*

- Cristian, Adrian. *Lower Limb Amputation: A Guide to Living a Quality Life.* New York: Demos Medical Pub, 2006.
- Riley, Richard. *Living with a Below-Knee Amputation : A Unique Insight from a Prosthetist/Amputee.* Thorofare, NJ: SLACK, 2005.

### *Biographies & Inspirational Reading:*

- Garrison, Kevin S. *It's Just a Matter of Balance.* South Euclid, OH: Print Vantage, 2005.
- Maynard, Kyle. *No Excuses: The True Story of a Congenital Amputee Who Became a Champion in Wrestling and in Life.* Washington, DC: Regnery Pub, 2005.
- Rigsby, Scott, and Jenna Glatzer. *Unthinkable: The True Story About The First Double Amputee To Complete The Work-Famous Hawaiian Ironman Triathlon.* Carol Stream, IL: Tyndale House Publishers, Inc., 2009.

## Audiovisual Resources:

- Real Life Video Productions. *There is Life after Amputation*. Westland, MI: Real Life Video Productions, 2005. (DVD)  
The personal stories of the amputees involved in the Amputee Support Group at Saint Joseph Mercy Hospital in Ann Arbor, Michigan. The group discusses coping, peer support, family involvement, goals, challenges, hobbies and interests, laughter and the support group.
- Thio, Patricia, and Kent Allison. *Armed for the Challenge*. Loma Linda, CA: PossAbilities: Distributed by Inland Empire Health Plan, 2007. (DVD; 20 min.)  
One man's story of surviving and thriving as an above elbow amputee. Iron Man athlete Willie Stewart trains to compete in the physically challenged Triathlon USA competition. View online at:  
<http://www.llu.edu/news/360/2009/armed-for-challenge.page>

## Web Resources

- **Amputee Coalition of American**  
→ Access at: [www.amputee-coalition.org/](http://www.amputee-coalition.org/)  
This organization strives to empower people with limb loss through education, support and advocacy. The Information Center section of the site offers fact sheets, easy-read materials, videos, articles and more.
- **Society for Vascular Surgery - Amputation**  
→ Access at: <http://www.vascularweb.org/>  
→ Click on "Patients and Families"  
→ Click on "Vascular Conditions, Tests, Treatments"  
→ Under "Treatments," click on "Amputation"  
This site provides an overview of the amputation procedure, including when it is necessary and what happens during and after surgery.
- **University of Michigan Orthotics & Prosthetics - Amputee Support Resource Guide**. (Currently under revision.)  
→ Access at: <http://www.med.umich.edu/pmr/op/amp.htm>

## University of Michigan Resources

- **Amputation Management Clinic** - University of Michigan Physical Medicine and Rehabilitation  
A multidisciplinary team provides prosthetic care and comprehensive management of the adult and pediatric amputee. For more information, call (734) 936-7175, or:  
→ Access at:  
[http://www2.med.umich.edu/healthcenters/dsp\\_cliniclist\\_pmr.cfm](http://www2.med.umich.edu/healthcenters/dsp_cliniclist_pmr.cfm)

→ Scroll down and click on "Amputations"

- **Amputee Support Group** - University of Michigan Orthotics & Prosthetics Center

This is a local Amputee Coalition of America (ACA) support group for amputees, people with limb loss and their families. Members learn to overcome the initial shock of loss when they return to a normal lifestyle through education, compassion, and shared experiences with other amputees.

Contact the Support Group to receive a monthly newsletter. For more information:

Website: <http://www.med.umich.edu/pmr/op/amp.htm>

Phone: (734) 975-7449

E-mail: [amputeesupportgroup@med.umich.edu](mailto:amputeesupportgroup@med.umich.edu)

- **Orthotics and Prosthetics Center** (UMOPC) - University of Michigan  
For more information access <http://www.med.umich.edu/pmr/op/index.htm>  
or call (734) 973-2400.
- **University of Michigan Limb Loss Support Coordinator**

The Limb Loss Support Coordinator can provide information and resources, answer questions, and arrange peer visits between amputees with similar amputations.

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[amputeesupportgroup@med.umich.edu](mailto:amputeesupportgroup@med.umich.edu)

## **Patient Support Organizations**

- **Amputee Coalition of American**

Website: <http://www.amputee-coalition.org/>

Phone: 1-888/AMP-KNOW (1-888/267-5669)

- **The National Amputation Foundation**

This organization focuses on services for veterans.

Website: <http://www.nationalamputation.org/>

Phone: (516) 887-3600

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

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Document #0176 Revised September 2010  
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