The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Mardigian Wellness Resource Center, room 2101 in the Cardiovascular Center. Visit our website at http://www.umcvc.org/mardigian-wellness-resource-center

**Brochures, Fact sheets**

**Magazines**
- Amputee Coalition of American. *inMotion.*
  → For subscription information, visit: [www.amputee-coalition.org/](http://www.amputee-coalition.org/)
  inMotion is published bimonthly for amputees, caregivers and healthcare professionals, providing timely and important information on a wide variety of topics related to amputation.

- **AmputeeNews.** News about, for and by amputees. *Amp It Up!* a free online magazine published by AmputeeNews is also available on their website. Access at: [http://amputeenews.com/](http://amputeenews.com/)

**Books**

*General Reading*


Biographies & Inspirational Reading:


Audiovisual Resources:
  The personal stories of the amputees involved in the Amputee Support Group at Saint Joseph Mercy Hospital in Ann Arbor, Michigan. The group discusses coping, peer support, family involvement, goals, challenges, hobbies and interests, laughter and the support group.

  One man's story of surviving and thriving as an above elbow amputee. Iron Man athlete Willie Stewart trains to compete in the physically challenged Triathlon USA competition. View online at: https://vimeo.com/13014411

Web Resources
- Amputee Coalition of American Limb Loss Resource Center
  This organization strives to empower people with limb loss through education, support and advocacy. The Information Center section of the site offers fact sheets, easy-read materials, videos, articles and more.
Amputation

Society for Vascular Surgery - Amputation
http://www.vascularweb.org/
→ Click on “Patients Resources”
→ Click on “Vascular Treatments”
→ Click on “Amputation”

This site provides an overview of the amputation procedure, including when it is necessary and what happens during and after surgery.

University of Michigan Resources

University of Michigan Community Amputee Network (U-CAN)
http://pmr.med.umich.edu/ucan
This support group is open to amputees and family members. Helps amputees learn from each other and allows for sharing of questions and concerns. Contact the Support Group to receive a monthly newsletter. For more information:
- Phone: (734) 975-7449
- E-mail: U-CAN-Michigan@umich.edu
- The Resource Guide for Persons with Limb Loss 2015-2016 can also be accessed from the above site or at:

University of Michigan Department of Physical Medicine & Rehabilitation
http://www.uofmhealth.org/medical-services/amputation
A multidisciplinary team provides prosthetic care and comprehensive management of the adult and pediatric amputee. For more information call (734) 973-2400.

University of Michigan Limb Loss Support Coordinator
The Limb Loss Support Coordinator can provide information and resources, answer questions, and arrange peer visits between amputees with similar amputations.

Carla Vollmer
Phone: 734-975-7432
E-mail: cvollmer@med.umich.edu or U-CAN-Michigan@umich.edu
  In this center experts assess each patient's individual needs and custom design orthoses and prostheses to meet those needs.
  For more information call (734) 973-2400.

**Patient Support Organizations**

• **Amputee Coalition of American**
  This organization is a nation, non-profit amputee consumer education organization, representing people who have had amputation or were born with limb differences. This organization also provides national support group information.
  1-888-267-5669

• **The National Amputation Foundation**
  This organization focuses on services for veterans.
  (516) 887-3600