Related Terms:
- Aortic Stenosis
- Aortic Valve Replacement
- Heart Valve Disease
- Transcatheter Aortic Valve Implantation (TAVI)

The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Mardigian Wellness Resource Center located off the Atrium on Floor 2 of the Cardiovascular Center. Visit our website at http://www.umcvc.org/mardigian-wellness-resource-center and online Information guides at http://infoguides.med.umich.edu/home

**Michigan Medicine Resources**
- **Frankel Cardiovascular Center**
  - **Aortic Valve Disease**
    http://www.umcvc.org/conditions-treatments/aortic-valve-disease
    A patient resource about the University of Michigan Aortic Program, including a video clip.
  - **Transcatheter Aortic Valve Replacement (TAVR)**
    https://www.umcvc.org/conditions-treatments/transcatheter-aortic-valve-replacement-tavr

- **Frankel Cardiovascular Center Department of Cardiac Surgery: Patient Information**
  https://medicine.umich.edu/dept/cardiac-surgery/patient-information
  Provides information on pre and post procedures as well as information on various conditions and treatment options.

- **Frankel Cardiovascular Center: Core Valve Patient Video**
  https://www.youtube.com/watch?v=j40oKUP6kU4
• Frankel Cardiovascular Center: Introduction to TAVR at the University of Michigan. Informational video at:
  https://www.youtube.com/watch?v=IK8W4CN1O8Q&feature=youtu.be

• The Cardiovascular Disease Prevention & Rehabilitation Program at Domino’s Farms offers a number of relevant programs and services including:
  o Cardiac Rehabilitation Program
  o Exercise Consultations
  o Nutrition Services
  o Stress Management Services
For more information access http://www.umcvc.org/medical-services/cardiovascular-disease-prevention-and-rehabilitation or call: 888.287.1082

• Tobacco Consultation Service
  Group and individual quit-smoking programs.
  For more information access: http://hr.umich.edu/mhealthy/programs/tobacco/ or call (734) 998-6222 or email quitsmoking@med.umich.edu

Brochures, Fact sheets
• Edwards Lifesciences Booklets
  → Click on Resources & Events on the bar near top of page

• Medtronic Patient Booklet
  o Patient Booklet: Medtronic Transcatheter Valve Replacement
Audiovisual Resources

- Edwards Lifesciences Video Library
  
  
  → Click on Videos on the bar near top of page

- Frankel Cardiovascular Center: Core Valve Patient Video
  
  https://www.youtube.com/watch?v=j40oKUP6kU4

- Frankel Cardiovascular Center: Introduction to TAVR at the University of Michigan. Informational video at:
  
  https://www.youtube.com/watch?v=IK8W4CN1Q8Q&feature=youtu.be

- HeartValveSurgery.com
  
  
  Videos include general information on TAVR, Surgeon Q & A, technology updates and patient success stories.

- Medtronic Video Gallery
  

- NewHeartValve.com
  
  https://www.newheartvalve.com/watch-tavr-patient-video-stories
  
  This site has videos on TAVR basics as well as procedure and patient videos.

Device Companies

- Edwards Lifesciences: TAVR
  

- Medtronic: TAVR
  
Web Resources

- **American Heart Association: What is TAVR?**
  [http://www.heart.org/HEARTORG/Conditions/More/HeartValveProblemsandDisease/What-is-TAVR_UCM_450827_Article.jsp](http://www.heart.org/HEARTORG/Conditions/More/HeartValveProblemsandDisease/What-is-TAVR_UCM_450827_Article.jsp)
  Includes information on TAVR as well as an Interactive Treatment Explorer tool.

- **HeartValveSurgery.com**
  This site is provided by author and patient, Adam Pick. The site has information on heart valve disease and TAVR as well as an online community for patients and caregivers to connect.

- **National Heart, Lung, and Blood Institute (NHLBI): What is Heart Valve Disease**
  [https://www.nhlbi.nih.gov/health/health-topics/topics/hvd/](https://www.nhlbi.nih.gov/health/health-topics/topics/hvd/)
  Explains risk factors, signs and symptoms, diagnosis, and treatment of heart valve disease.

- **NewHeartValve.com: What is TAVR?** by Edwards Lifesciences
  [https://newheartvalve.com/about-tavr/](https://newheartvalve.com/about-tavr/)
  A patient information resource all about heart valve disease.

- **UpToDate: Patient Information**
  → Type “TAVR” in the “Search Patient Content” box
  This detailed, comprehensive overview is based on professional literature reviews written for physicians and updated regularly. The overview is very detailed and includes some medical terminology. It is suitable for readers seeking to gain in-depth understanding of aortic stenosis.
Patient Support Organizations

- American Heart Association
  [http://www.heart.org/](http://www.heart.org/)
  1-800-242-8721

- HeartValveSurgery.com Community
  Connect with patients and caregivers in an online community.