Related Terms:
- Aortic Stenosis
- Aortic Valve Replacement
- Heart Valve Disease
- Transcatheter Aortic Valve Implantation (TAVI)

The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Mardigian Wellness Resource Center, room 2101 in the Cardiovascular Center. Visit our website at http://www.umcvc.org/mardigian-wellness-resource-center

Michigan Medicine Resources
- **Frankel Cardiovascular Center**
  - Aortic Valve Disease
    http://www.umcvc.org/conditions-treatments/aortic-valve-disease
    A patient resource about the University of Michigan Aortic Program, including a video clip.
  - Transcatheter Aortic Valve Replacement (TAVR)
    http://www.umcvc.org/conditions-treatments/transcatheter-aortic-valve-replacement-tavr

- **Frankel Cardiovascular Center Department of Cardiac Surgery: Patient Information**
  https://medicine.umich.edu/dept/cardiac-surgery/patient-information
  Provides information on pre and post procedures as well as information on various conditions and treatment options.

- **Frankel Cardiovascular Center: Introduction to TAVR at the University of Michigan.** Informational video at:
  https://www.youtube.com/watch?v=1K8W4CN1Q8Q&feature=youtu.be

- **The Cardiovascular Disease Prevention & Rehabilitation Program** at Domino's Farms offers a number of relevant programs and services including:
  - Cardiac Rehabilitation Program
  - Exercise Consultations
  - Nutrition Services
  - Stress Management Services
  For more information access http://www.umcvc.org/medical-services/cardiovascular-disease-prevention-and-rehabilitation or call: 888.287.1082
• Tobacco Consultation Service
  Group and individual quit-smoking programs.
  For more information access:
  http://hr.umich.edu/mhealthy/programs/tobacco/ or call (734) 998-6222 or
  email quitsmoking@med.umich.edu

Brochures, Fact sheets
• Krames Communications. Understanding Heart Valve Disease.

• Medtronic. CoreValve: Transcatheter Aortic Valve Replacement (TAVR)
  Platform
  http://www.corevalve.com/wcm/groups/mdtcom_sg/@mdt/@cardio/documen
ts/documents/corevalve_patient_booklet.pdf

Audiovisual Resources
• HeartValveSurgery.com
  Videos include general information on TAVR, Surgeon Q & A, technology updates
  and patient success stories.

• NewHeartValve.com
  https://www.newheartvalve.com/watch-tavr-patient-video-stories
  This site has videos on TAVR basics as well as procedure and patient videos.

• University of Michigan. Introduction to TAVR at the University of Michigan.
  Informational video at:
  https://www.youtube.com/watch?v=IK8W4CN1Q8Q&feature=youtu.be

Web Resources
• American Heart Association: What is TAVR?
  http://www.heart.org/HEARTORG/Conditions/More/HeartValveProblemsandDis
ease/What-is-TAVR_UCM_450827_Article.jsp
  Includes information on TAVR as well as an Interactive Treatment Explorer tool.
Transcatheter Aortic Valve Replacement (TAVR)

INFORMATION GUIDE

- **HeartValveSurgery.com**
  This site is provided by author and patient, Adam Pick. The site has information on heart valve disease and TAVR as well as an online community for patients and caregivers to connect.

- **National Heart, Lung, and Blood Institute (NHLBI): What is Heart Valve Disease**
  [https://www.nhlbi.nih.gov/health/topics/topics/hvd/](https://www.nhlbi.nih.gov/health/topics/topics/hvd/)
  Explains risk factors, signs and symptoms, diagnosis, and treatment of heart valve disease.

- **NewHeartValve.com: What is TAVR?** by Edwards Lifesciences
  [https://newheartvalve.com/about-tavr/](https://newheartvalve.com/about-tavr/)
  A patient information resource all about heart valve disease.

- **UpToDate: Patient Information**
  → Type “TAVR” in the “Search Patient Content” box
  This detailed, comprehensive overview is based on professional literature reviews written for physicians and updated regularly. The overview is very detailed and includes some medical terminology. It is suitable for readers seeking to gain in-depth understanding of aortic stenosis.

**Patient Support Organizations**

- **American Heart Association**
  [http://www.heart.org/](http://www.heart.org/)
  1-800-242-8721

- **HeartValveSurgery.com Community**
  Connect with patients and caregivers in an online community.

This document contains information and/or instructional materials developed by the University of Michigan Health System (UMHS) for the typical patient with your condition. It may include links to online content that was not created by UMHS and for which UMHS does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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