



Cardiovascular Medicine

Presents

“Overcoming Emotional Eating”

A **FREE** Introductory Session for
The Hunger Within workshop!



December 2, 2009

Wednesday

12:00-1:00 pm

Presented by

Marilyn Migliore,

MS, RD, ACSW, BCD

Danto Auditorium

Let go of the “diet mentality” and join Marilyn Migliore, cardiovascular dietitian and author of *The Hunger Within*, as she guides you through an enlightening journey. Learn how to uncover, discover, and unravel the psychological underpinnings that drive eating behaviors.

Questions: 734-998-5679

<http://www.umcvc.org/hungerwithin>