



Patient Fasting Instructions

Fasting can be defined in many ways. It is important to know when you can or cannot eat or drink when taking: _____

(Medication Name)

With this medication, fasting means: _____

You should fast on these days: _____

When to stop:

Drinking: _____

Eating: _____

Does this include?

Water: yes no

Other medications (prescription and over-the-counter): yes no

Black coffee: yes no

Chewing gum, mints, and lozenges:

yes no

- When can I start eating and drinking? _____

- When can I start taking prescription & over-the-counter medications? _____

- When can I restart this medication? _____

Please call _____ at _____

with any questions or concerns.

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