What is Lidocaine Cream used for? Your doctor has prescribed Lidocaine cream, to help numb the skin over your port. The cream is applied to the skin to decrease any pain you may feel when an IV is started, before accessing a port, and for other invasive procedures to the skin.

Do not use this cream over your incision until it is fully healed. This usually takes about 7 days after your port is placed.

Instructions: Apply the cream one hour <u>before</u> your scheduled procedure. The numbing cream will last up to three hours.

- Wash your hands.
- Open tube (you may have to pierce a new tube with the point on the cap).
- Find your port area.
- Point the tube and squeeze a small amount, about the size of a quarter onto your port area.
- Cover the cream to increase the numbing effect. Use either a non-stick dressing or plastic wrap, such as Saran Wrap®, Press 'N' Seal®, or a plastic sandwich bag cut open.
- Do not use gauze or band aids on cream (they will absorb the cream).
- Secure the dressing with tape, if needed.
- Wash hands to remove any cream that may be on them.
- If you get Lidocaine cream in your eyes, ears, nose, mouth, or on skin that has open cuts or scrapes, rinse thoroughly right away.

Who to call with questions: If you have questions about applying Lidocaine cream, call the doctor or nurse who gave you the prescription.

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