Breast Cancer

The purpose of this guide is to help patients and families find sources of information and support. This list is meant to provide links to authoritative, up-to-date information sources for patients, families, and caregivers.

The materials in this guide can be found at the Patient Education Resource Center (PERC) in the University of Michigan Comprehensive Cancer Center B2 lobby.

Brochures, Fact Sheets

Books


Audiovisual Resources


• Patient Education Institute. **Breast Cancer Interactive Tutorial** on Medlineplus.gov
  → Go to: [http://www.medlineplus.gov](http://www.medlineplus.gov)
  → Click on: “Videos & Cool Tools”
  → Click on “Interactive Tutorials”
  → Under “Diseases and Conditions” select “Breast Cancer”

This is a slide show with illustrations, sound, and animations that explains breast anatomy, breast cancer staging, surgery, and adjuvant treatment. It is possible to turn on a voice over or print a text version.

**Web Resources**

• **American Cancer Society** – section on Breast Cancer
  → Go to the American Cancer Society site at: [http://www.cancer.org/](http://www.cancer.org/)
  → Click on "Learn About Cancer"
  → Select "Breast Cancer" from the pull down menu and click "Go"

• **BreastCancer.org** [http://www.breastcancer.org/](http://www.breastcancer.org/)
  A wealth of information on breast cancer including an extensive Questions and Answers section written by breast cancer experts.

• **Living Beyond Breast Cancer** [http://www.lbcc.org/](http://www.lbcc.org/)
  This site focuses on news concerning breast cancer treatment and clinical trials. It also includes recordings and transcripts of educational events.

• **NCCN Guidelines for Patients.** [http://www.nccn.org/patients/](http://www.nccn.org/patients/)
  → Under “Patient & Caregiver Resources” select “Information by Cancer Type”
  → Select “Breast Cancer”
  This site has an informative guide as well as a video library consisting of 12 videos on various topics related to Breast Cancer.

• **Susan G. Komen Foundation** [http://www.komen.org/](http://www.komen.org/)
  The section: “About Breast Cancer” has information about diagnosis and treatment, complementary therapies, life after breast cancer treatment, and quality medical care. The site also includes a multimedia section with audiovisual educational programs.

• **SusanLoveMD.com** [http://www.susanlovemd.com](http://www.susanlovemd.com)
  The information on this site aims to assist women in treatment decision making and deal with the changes and challenges brought on by breast cancer.
Breast Reconstruction

- Michigan Breast Reconstruction Outcome Study (MBROS) Consumer's Guide to Breast Reconstruction
  Detailed explanations of the various breast reconstruction options.

Male Breast Cancer

- All About Male Breast Cancer
  - Go to the American Cancer Society site at: [http://www.cancer.org](http://www.cancer.org)
  - Click on "Learn About Cancer"
  - Under “Select a Cancer Type” there is a dropdown menu
  - Select "Breast Cancer in Men" from the list and click "Go"

- Male Breast Cancer Treatment PDQ
  A copy of this is available to view or print at the National Cancer Institute site at:

Email Groups (Listservs)

- BREAST-CANCER is an email discussion group for Breast Cancer patients and families, hosted by the Association of Cancer Online Resources ACOR ([http://www.acor.org](http://www.acor.org)).
  To subscribe go to: [http://listserv.acor.org/archives/breast-cancer.html](http://listserv.acor.org/archives/breast-cancer.html)

- MALEBC is an email discussion group for Male Breast Cancer patients and families, hosted by the Association of Cancer Online Resources ACOR ([http://www.acor.org](http://www.acor.org)).
  To subscribe go to: [http://listserv.acor.org/archives/malebc.html](http://listserv.acor.org/archives/malebc.html)