The purpose of this guide is to help you find information and support on breast cancer. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of the materials in this guide can be found at the Patient Education Resource Center (PERC) in the University of Michigan Comprehensive Cancer Center, Level B2.

**Brochures and Fact Sheets**


**Books**


• Krychman, Michael L. **100 Questions & Answers about Breast Cancer Sensuality, Sexuality, and Intimacy.** Sudbury, MA: Jones and Bartlett, 2011.


• Miller, Kenneth D. **Choices in Breast Cancer Treatment: Medical Specialists and Cancer Survivors Tell You What You Need to Know.** Baltimore, MD: Johns Hopkins University Press, 2008.


• Shockney, Lillie. **100 Questions & Answers about Advanced and Metastatic Breast Cancer.** Sudbury, MA: Jones and Bartlett, 2012.


Audiovisual Resources

- CancerQuest and Susan G. Komen for the Cure. **Breast Cancer: A Patient’s Journey.** Atlanta, GA: Emory University, 2008.

Web Resources

- **American Cancer Society**  
  https://www.cancer.org  
  o Click “Learn About Cancer”  
  o Select “Breast Cancer” from the pull-down menu and select “Go”
- **BreastCancer.org**  
  https://www.breastcancer.org  
  o A wealth of information on breast cancer including an extensive Questions & Answers section written by breast cancer experts.
- **Living Beyond Breast Cancer**  
  https://www.lbbc.org  
  o This site focuses on news concerning breast cancer treatment and clinical trials. It also includes recordings and transcripts of educational events.
- **NCCN Guidelines for Patients**  
  https://www.nccn.org/patients  
  o Under “Patient & Caregiver Resources”, select “Information by Cancer Type”  
  o Select “Breast Cancer”  
  o This site contains informative guides to stages of breast cancer as well as a video library consisting of 12 videos on various topics related to breast cancer.
- **Susan G. Komen Foundation**  
  https://www.komen.org/  
  o The section: “About Breast Cancer” has information about diagnosis and treatment, complementary therapies, life after breast cancer treatment, and quality medical care. The site also includes a multimedia section with audiovisual educational programs.
Michigan Medicine

- SusanLoveMD.com
  http://www.susanlovemd.com
  - The information on this site aims to assist women in treatment decision making and deal with the changes and challenges brought on by breast cancer.

Breast Reconstruction

- Michigan Breast Reconstruction Outcome Study (MBROS) Consumer's Guide to Breast Reconstruction
  http://surgery.med.umich.edu/plastic/patient/breast
  Detailed explanations of the various breast reconstruction options

Male Breast Cancer

- All About Male Breast Cancer
  - http://www.cancer.org
  - Click “Learn about Cancer”
  - Open the drop-down menu under “Select a Cancer Type”
  - Select “Breast Cancer in Men” and click “Go”

- Male Breast Cancer Treatment PDQ
  A copy of this is available to view or print at the National Cancer Institute site at: http://www.cancer.gov/cancertopics/pdq/treatment/malebreast/Patient

University of Michigan Resources

- University of Michigan Comprehensive Cancer Center Breast Care Center
  http://www.mcancer.org/breast-cancer/breast-cancer-center
  The Breast Care Center offers the most comprehensive, effective, and least invasive treatments using a team-based approach. Counseling and emotional support are also integral parts of the Breast Care Center.

Email Groups (Listservs)

- BREAST-CANCER is an email discussion group for Breast Cancer patients and families, hosted by the Association of Cancer Online Resources ACOR (http://www.acor.org).
  To subscribe, go to: http://listserv.acor.org/archives/breast-cancer.html

- MALEBC is an email discussion group for Male Breast Cancer patients and families, hosted by the Association of Cancer Online Resources ACOR (http://www.acor.org).
  To subscribe, go to: http://listserv.acor.org/archives/malebc.html
Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

Compiled by Amy Hyde, MILS, Patient Education Resource Center Librarian.

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