

The purpose of this guide is to help you find information and support on brain tumors. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of the materials in this guide can be found at the Patient Education Resource Center (PERC) in the University of Michigan Comprehensive Cancer Center, Level B2.

Brochures and Fact Sheets

- American Brain Tumor Association
 - **About Brain Tumors: A Primer for Patients and Caregivers.**
 - **Dictionary for Brain Tumor Patients.**
 - **Metastatic Brain Tumors.**

Printable versions of these booklets and other publications are available at the American Brain Tumor Association site at:

<http://abta.org/brain-tumor-information/publications>

- CancerCare. **Your Guide to the Latest Cancer Research and Treatments: Highlights from ASCO 2012.** Printable version available at:
http://cancercare.org/diagnosis/brain_cancer
- Musella Foundation for Brain Tumor Research Information. **Brain Tumor Guide for the Newly Diagnosed.** Printable version available at:
<http://virtualtrials.com/faq/index.cfm>
- National Brain Tumor Society and Cancer Support Community. **Frankly Speaking about Cancer: Brain Tumors.** Printable version available at:
<http://braintumor.org/brain-tumor-information>
- National Cancer Institute. **What You Need to Know about Brain Tumors.** Printable version available at:
<http://cancer.gov/publications/patient-education/wyntk-brain-tumors>

Books

- American Brain Tumor Association. **Primer of Brain Tumors: A Patient's Reference Manual.** 8th ed. Des Plaines, IL: American Brain Tumor Association, 2004.
- Black, Peter; Hogan, Sharon Cloud. **Living with a Brain Tumor: Dr. Peter Black's Guide to Taking Control of Your Treatment.** New York: Henry Holt, 2006.
- Macenka, Deanna Glass. **Johns Hopkins Patients' Guide to Brain Cancer.** Sudbury, MA: Jones and Bartlett Learning, 2011.

- Segal, Gail and American Brain Tumor Association. **Dictionary for Brain Tumor Patients**. Des Plaines, IL: American Brain Tumor Association, 2002.
- Stark-Vance, Virginia. **100 Questions & Answers about Brain Tumors**. Sudbury, MA: Jones and Bartlett, 2010.
- Taylor Lynne P. **Navigating Life with a Brain Tumor**. New York: Oxford University Press, 2013.
- Zeltzer, Paul M. **Brain Tumors: Leaving the Garden of Eden: A Survival Guide to Diagnosis, Learning the Basics, Getting Organized, and Finding Your Medical Team**. Encino, CA: Shilysca Press, 2004.

Audiovisual Resources

- Patient Education Institute. **Brain Cancer Interactive Tutorial** at Medlineplus.gov.
 - <http://medlineplus.gov>
 - Click “Videos & Cool Tools”
 - Click “Interactive Tutorials”
 - Select “Brain Cancer” from under “Diseases & Conditions”

This slide show utilizes illustrations, sound, and animations to provide basic easy-to-understand explanations of brain anatomy, primary and metastatic tumors, and the most common therapies. Voiceovers are available, as well as a printable version.

Web Resources

- **American Brain Tumor Association**
<http://abta.org>
This organization offers information and support services for people diagnosed with brain tumors. The Tumor & Treatment Information section has information about specific tumors, treatments, and living with a brain tumor.
- **Brain and Spinal Cord Tumors Information** from the University of Michigan Comprehensive Cancer Center
 - <http://mcancer.org>
 - Click “Cancer & Treatments”
 - Click “Cancer Type (A-L)”
 - Click “Brain and Spinal Cord Tumors”
- **The Brain Tumor Foundation**
<http://braintumorfoundation.org>
This site includes detailed information about types of brain tumors as well as support services for brain tumor patients and their loved ones.

- **National Brain Tumor Society**

<http://braintumor.org>

This site presents information regarding treatment options and community resources for brain tumor patients and families. The organization's publications may be downloaded and printed, and include "Frankly Speaking about Cancer: Brain Tumors", "Brain Tumor Resources", and "Treatment Options".

- **Musella Foundation for Brain Tumor Research Information.**

<http://virtualtrials.com>

This site offers a comprehensive database of clinical trials for brain tumors as well as detailed information about brain tumors research, including lay-term summaries of medical articles, medical news, and a specialized dictionary. The video library features experts in the field.

Email Groups (Listservs)

- BRAINTMR - This email group discusses all adult and pediatric brain tumors. To subscribe, go to: <http://virtualtrials.com/brntmr.cfm>. This page also provides access to other email groups focusing of specific types of brain tumors.

Organizations

- **American Brain Tumor Association**

<http://abta.org>

Phone: (773) 577-8750

Fax: (773) 577-8738

CareLine: (800) 886-2282

- **The Brain Tumor Foundation**

<http://braintumorfoundation.org>

Phone: (212) 265-2401

- **National Brain Tumor Society**

<http://braintumor.org>

Phone: (617) 393-2811

Fax: (617) 924-9998

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