

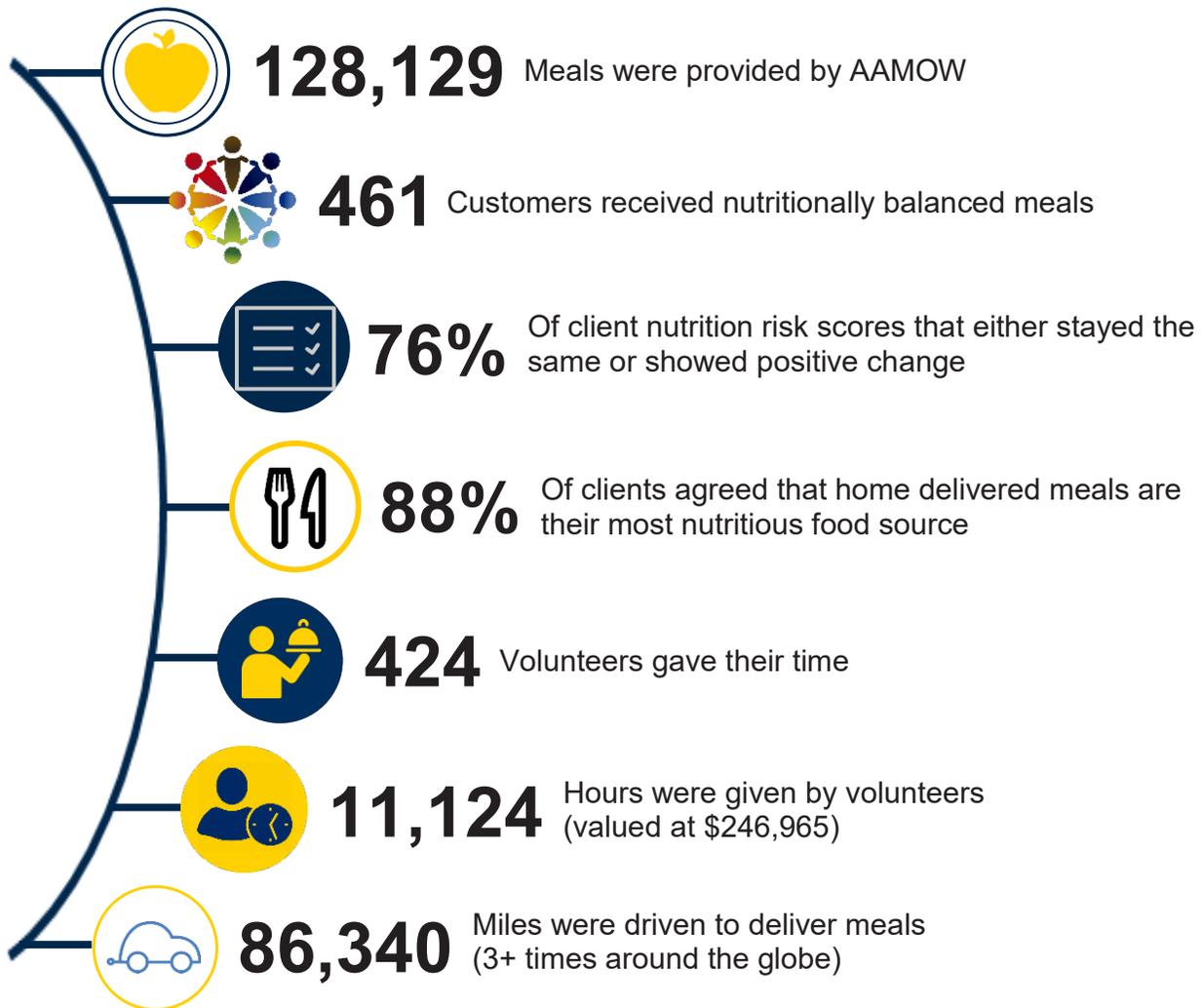


MICHIGAN MEDICINE

UNIVERSITY OF MICHIGAN

ANN ARBOR MEALS ON WHEELS

Ann Arbor Meals on Wheels seeks to reduce hunger and food insecurity in a culturally appropriate manner for the homebound in Ann Arbor area who, because of their health, are unable to shop and prepare a complete, nutritious meal.



“Meals on Wheels is wonderful. At age 99, having healthy meals delivered is a blessing.”

-AAMOW client

“Meals on Wheels helps my wife and I tremendously. Without ‘meals on wheels’ we would often go hungry. It helps bring some light into our lives that wouldn’t be there otherwise. Without it we would be eating poorly.”

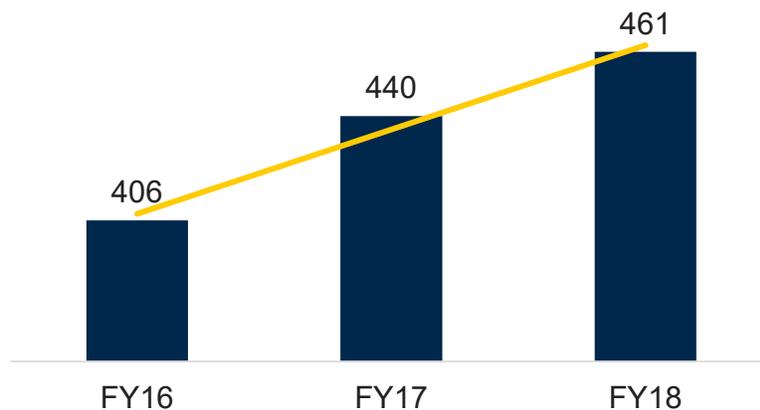
-AAMOW clients, ages 77 & 91



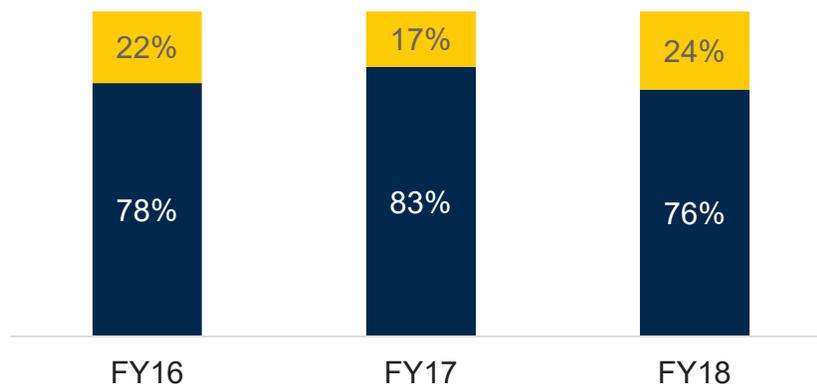
Why Addressing Food Insecurity Matters

Ann Arbor Meals on Wheels (AAMOW) specializes in addressing the unique needs of our most vulnerable and high-risk senior and disabled populations to improve and support patient health and recovery by delivering nutritious meals; increasing well-being that supports patient health by providing human contact that reduces isolation, depression and anxiety; and, reducing negative impacts on patient health by assessing home environments and addressing threats or risks.

of AAMOW Clients Served



AAMOW Client Nutrition Risk



■ % of clients nutrition scores that declined

■ % of client nutrition risk scores that stayed the same or showed positive change

The 7% decline in FY18 nutrition risk scores is attributed to clients reporting an increase in tooth or mouth problems that made it hard to eat or that they ate alone most of the time. In FY19, we are directing our intervention efforts to address these identified risks.