Ann Arbor Meals on Wheels seeks to reduce hunger and food insecurity in a culturally appropriate manner for the homebound in Ann Arbor area who, because of their health, are unable to shop and prepare a complete, nutritious meal.

128,129 Meals were provided by AAMOW

461 Customers received nutritionally balanced meals

76% Of client nutrition risk scores that either stayed the same or showed positive change

88% Of clients agreed that home delivered meals are their most nutritious food source

424 Volunteers gave their time

11,124 Hours were given by volunteers (valued at $246,965)

86,340 Miles were driven to deliver meals (3+ times around the globe)

“Meals on Wheels helps my wife and I tremendously. Without ‘meals on wheels’ we would often go hungry. It helps bring some light into our lives that wouldn't be there otherwise. Without it we would be eating poorly.”

-AAMOW clients, ages 77 & 91
Why Addressing Food Insecurity Matters

Ann Arbor Meals on Wheels (AAMOW) specializes in addressing the unique needs of our most vulnerable and high-risk senior and disabled populations to improve and support patient health and recovery by delivering nutritious meals; increasing well-being that supports patient health by providing human contact that reduces isolation, depression and anxiety; and, reducing negative impacts on patient health by assessing home environments and addressing threats or risks.

The 7% decline in FY18 nutrition risk scores is attributed to clients reporting an increase in tooth or mouth problems that made it hard to eat or that they ate alone most of the time. In FY19, we are directing our intervention efforts to address these identified risks.