

Once you have your order, CALL 3-8080

HOURS OF OPERATION: 6:30AM-9:00PM

AFTER HOURS: 9:00PM-10:30PM

## Breakfast (Available 6:30 a.m. – 11:00 a.m.)

### Breakfast Entrées and Sides

**Pancakes** *A stack of two buttermilk pancakes*

**Cinnamon French Toast** *A classic with vanilla and cinnamon batter, grilled to a golden brown*

**Fruit Compote** (Available 6:30 a.m.-9:00 p.m.) *A warm combination of pear, apple, berries and spices*

**Build Your Own Omelet** *Available with Regular eggs or Egg Substitutes*

*Choose from Cheddar Cheese, Swiss Cheese, American Cheese or Diced Tomato*

**Scrambled Eggs** (Available 6:30 a.m.-9:00 p.m.) *Regular eggs or Egg Substitutes*

**Breakfast Potatoes** *Available with Cheddar Cheese, Swiss Cheese, American Cheese or Diced Tomato*

**Hard Cooked Egg** *served chilled*

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## Additional Items (Available 6:30 a.m. – 10:30 p.m.)

**Cereal:** *Oatmeal, Cream of Wheat*

**Snacks and Yogurt:** *Apple or Strawberry Oatmeal Bar, Vanilla, Strawberry, Blueberry, or Mixed Berry Low Fat Yogurt, Vanilla Lite and Fit Yogurt, Greek Strawberry Yogurt*

**Fruit:** *Banana, Mandarin Oranges, Sliced Peaches, Pureed Pears, Pureed Pineapple, Pureed Peaches, Applesauce*

**Cold Sides:** *Cottage Cheese, Hummus, Mediterranean Bread, Wheat Dinner Roll*

**Desserts:** *Orange or Strawberry Regular Jello, Sugar Free Jello, Vanilla or Chocolate Ice Cream, Orange or Raspberry Sherbet, Vanilla or Chocolate Pudding, Regular or Sugar Free Popsicle, Vanilla, Chocolate or Strawberry Milkshake, Lemon Ice, Vanilla or Chocolate Mighty Shake, Butter Pecan Magic Cup, Vanilla Cheesecake, Chocolate Cake*

### Beverages

**Juice** *Orange, Apple, Cranberry, White Grape, Tomato, Prune*

**Milk** *Skim, 2%, Whole, Vanilla Soy, Lactose Free, Low-fat Chocolate*

**Flavored Water** *Raspberry Apple or Strawberry Kiwi*

**Unsweetened Iced Tea**

**Hot Chocolate** *No sugar added*

**Thickened Beverages** (Mildly Thick or Moderately Thick)- *Apple Juice, Orange Juice, Dairy, Decaf Coffee*

**Coffee** *Regular or Decaf*

**Lipton® Tea** *Regular or Decaf*

**Bigelow® Green Tea**

**Bigelow® Cranberry Apple Tea**

### Condiments

*Salt, Pepper, McCormick® Seasoning, Sugar, Splenda®, Brown Sugar, Coffee Creamer, Honey, Lemon Wedge, Lemon Juice Packet, Butter, Margarine, Grape Jelly, Strawberry Jam, Regular or Sugar-Free Syrup, Peanut Butter, Lite Cream Cheese, Ketchup, Mustard, Mayonnaise, BBQ Sauce, Salsa, Sour Cream, Hot Sauce, Tartar Sauce, Parmesan Cheese*

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**Items below are available at patient's floor after hours. Please speak with your nurse if you need assistance.**

*Vegetable Consommé, Chicken Consommé, Applesauce, Sliced Peaches, Apple Oatmeal Bar, Chocolate Pudding, Vanilla Yogurt, 2% milk, Sugar Free Jello*

## Adult Hospitals (UH/CVC) Dysphagia Level 7 Menu

Room Service Especially for you!

M MICHIGAN MEDICINE

### Lunch/Dinner (Available 11:00 a.m. – 9:00 p.m.)

**Consommé and Homemade Soups:** *Beef Bouillon, Chicken Consommé, Three Beans Chili*

**Available 6:30 a.m. – 10:30 p.m.:**

*Unsalted Chicken Consommé, Vegetable Broth,  
Cream of Tomato, Chicken Noodle Soup*

**Available 6:30 a.m. – 9:00 p.m.:**

*Pureed Broccoli, Pureed Carrots, Pureed Corn,  
Mashed Potato, Chicken Gravy*

**Sides:** *White Rice, Peas and Carrots, Baked Potato, Brown Gravy, Lentils Sheperd's Pie*

#### Entrée

**Baked Haddock**

**Penne Pasta with Meat Sauce**

**Penne Pasta with Marinara Sauce**

**Baked Potato** *Available with diced tomato, shredded cheddar, or southwest black beans*

**Create Your Own Fiesta Plate** *(Available with or without rice) Choose from the items below:*

**Protein (Choose 1):** *Southwest Tofu, Taco Meat, Southwest Black Beans*

**Toppings (Maximum of 7):** *Diced Tomatoes, Shredded Cheddar Cheese, Southwest Black Beans Side*

**Condiments:** *Salsa, Sour Cream*

**Cheese Quesadillas** *Available with black beans*

**Glazed Meatloaf**

**Italian Meat Lasagna**

**Available 6:30 a.m. – 9:00 p.m.:** *Minced Scrambled Eggs with Regular eggs or Egg Substitutes, Minced Beef with Veggies, Minced Vegetable Lentil Stew, Minced Turkey with Chicken Gravy, Minced Chicken Noodle Casserole, Minced Fish and Creamy Potatoes, Minced Chicken Fried Rice, Minced Meatloaf with Brown Gravy, Minced Pasta with Meat Sauce*

**Available 6:30 a.m. – 10:30 p.m.:** *Pureed Pancake, Pureed Sausage, Pureed Chicken, Pureed Beef, Pureed Fish, Unsalted Egg Salad, Home-style Mac and Cheese*

**Available 11:00 a.m. – 10:30 p.m.:** *Made-to-Order Sandwiches, choose from the items below:*

**Bread:** *White Bread, Wheat Bread*

**Protein:** *Sliced Roast Ham, Egg Salad, Tuna Packet*

**Condiments:** *Sliced Cheddar Cheese, Swiss Cheese, or American Cheese, Ketchup, Mustard, Mayonnaise*

**OUR PROMISE:** *To graciously serve healthy, freshly prepared meals within 60 minutes of your order.*

*Have your meal choices ready to go before you call the Room Service line!  
This helps us complete patient orders as quickly as possible. If needed, we're  
happy to answer any questions about meal choices when you place your order.*

**Once you have your order, CALL 3-8080**

From an outside line: **734-763-8080**

For questions regarding your service, call 6-1447

To speak with a Food Service Manager, call 6-4155

**All Menu Items Are Trans Fat Free!**

Last Revised April 16, 2024