Adult Hospitals (UH/CVC) Dysphagia Level 6 Menu Room Service Especially for you!

MICHIGAN MEDICIN

Entrée (Available 6:30 a.m. – 10:30 p.m.)

Pureed Pancake, Pureed Sausage, Pureed Chicken, Pureed Beef, Pureed Fish, Unsalted Egg Salad

Available 6:30 a.m. – 9:00 p.m.: Minced Scrambled Eggs with Regular eggs or Egg Substitutes, Minced Beef with Veggies, Minced Vegetable Lentil Stew, Minced Turkey with Chicken Gravy, Minced Chicken Noodle Casserole, Minced Fish and Creamy Potatoes, Minced Chicken Fried Rice, Minced Meatloaf with Brown Gravy, Minced Mac and Cheese, Minced Pasta with Meat Sauce

Side Options (Available 6:30 a.m. – 10:30 p.m.)

Cereal and Yogurt: Oatmeal, Cream of Wheat, Low Fat Vanilla Yogurt

Fruit: Banana, Pureed Pears, Pureed Pineapple, Pureed Peaches, Applesauce

Soups: Unsalted Chicken Consommé, Vegetable Broth, Cream of Tomato

Cold Sides: Cottage Cheese, Hummus

Vegetable: Pureed Broccoli, Pureed Carrots, Pureed Corn

Available 6:30 a.m. – 9:00 p.m.: Chicken Consommé, Beef Bouillon, Mashed Potato, Chicken Gravy

Available 11:00 a.m. - 9:00 p.m.: Brown Gravy

Desserts: Orange or Strawberry Regular Jello, Sugar Free Jello, Vanilla or Chocolate Ice Cream, Orange or Raspberry Sherbet, Vanilla or Chocolate Pudding, Regular or Sugar Free Popsicle, Vanilla, Chocolate or Strawberry Milkshake, Lemon Ice, Vanilla or Chocolate Mighty Shake, Butter Pecan Magic Cup

Once you have your order, CALL 3-8080

HOURS OF OPERATION: 6:30AM-9:00PM AFTER HOURS: 9:00PM-10:30PM Adult Hospitals (UH/CVC) Dysphagia Level 6 Menu

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Fruit: Banana, Pureed Pears, Pureed Pineapple, Pureed Peaches, Applesauce

Soups: Unsalted Chicken Consommé, Vegetable Broth, Cream of Tomato

Cold Sides: Cottage Cheese, Hummus

Vegetable: Pureed Broccoli, Pureed Carrots, Pureed Corn

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HOURS OF OPERATION: 6:30AM-9:00PM AFTER HOURS: 9:00PM-10:30PM

All Menu Items Are Trans Fat Free!

MICHIGAN MEDICINE

Additional Items (Available 6:30 a.m. – 10:30 p.m.)

<u>Beverages</u>

Room Service Especially for you!

Coffee Regular or DecafBigelow® Cranberry Apple TeaLipton® Tea Regular or DecafBigelow® Green TeaHot Chocolate No sugar addedUnsweetened Iced TeaJuice Orange, Apple, Cranberry, White Grape, Tomato, PruneMilk Skim, 2%, Whole, Vanilla Soy, Lactose Free, Low-fat ChocolateFlavored Water Raspberry Apple or Strawberry KiwiThickened Beverages (Mildly Thick or Moderately Thick)Apple Juice, Orange Juice, Dairy, Decaf Coffee

<u>Condiments</u>

Salt, Pepper, McCormick[®] Seasoning, Sugar, Splenda[®], Brown Sugar, Coffee Creamer, Honey, Lemon Wedge, Lemon Juice Packet, Butter, Margarine, Grape Jelly, Strawberry Jam, Regular or Sugar-Free Syrup, Lite Cream Cheese, Ketchup, Mustard, Mayonnaise, BBQ Sauce, Sour Cream, Hot Sauce, Tartar Sauce, Parmesan Cheese

Items below are available at patient's floor after hours. Please speak with your nurse if you need assistance.

Chocolate Pudding, Applesauce, Vegetable Broth, Chicken Consommé, Low Fat Vanilla Yogurt, 2% milk, Sugar Free Jello

<u>DUR PROMISE:</u> To graciously serve healthy, freshly prepared meals within 60 minutes of your order.

Have your meal choices ready to go before you call the Room Service line! This helps us complete patient orders as quickly as possible.
If needed, we're happy to answer any questions about meal choices when you place your order.

> **CONTACT INFORMATION**: To place your order, call **3-8080** From an outside line: **734-763-8080** For questions regarding your service, call 6-1447 To speak with a Food Service Manager, call 6-4155

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Room Service Especially for you!

MI MICHIGAN MEDICIN

Additional Items (Available 6:30 a.m. – 10:30 p.m.)

<u>Beverages</u>

Coffee Regular or Decaf **Lipton® Tea** Regular or Decaf **Hot Chocolate** No sugar added Bigelow[®] Cranberry Apple Tea Bigelow[®] Green Tea Unsweetened Iced Tea

Juice Orange, Apple, Cranberry, White Grape, Tomato, Prune Milk Skim, 2%, Whole, Vanilla Soy, Lactose Free, Low-fat Chocolate Flavored Water Raspberry Apple or Strawberry Kiwi Thickened Beverages (Mildly Thick or Moderately Thick) Apple Juice, Orange Juice, Dairy, Decaf Coffee

<u>Condiments</u>

Salt, Pepper, McCormick[®] Seasoning, Sugar, Splenda[®], Brown Sugar, Coffee Creamer, Honey, Lemon Wedge, Lemon Juice Packet, Butter, Margarine, Grape Jelly, Strawberry Jam, Regular or Sugar-Free Syrup, Lite Cream Cheese, Ketchup, Mustard, Mayonnaise, BBQ Sauce, Sour Cream, Hot Sauce, Tartar Sauce, Parmesan Cheese

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