

Adult Hospitals (UH/CVC) Dysphagia Level 5 Menu

Room Service Especially for you!



Entrée (Available 6:30 a.m. – 10:30 p.m.)

Pureed Pancake, Pureed Sausage, Pureed Chicken, Pureed Beef, Pureed Fish

Available 6:30 a.m. – 9:00 p.m.: *Minced Beef with Veggies, Minced Vegetable Lentil Stew, Minced Turkey with Chicken Gravy, Minced Chicken Noodle Casserole, Minced Fish and Creamy Potatoes*

Side Options (Available 6:30 a.m. – 10:30 p.m.)

Cereal and Yogurt: *Cream of Wheat, Low Fat Vanilla Yogurt*

Fruit: *Pureed Pears, Pureed Pineapple, Pureed Peaches, Applesauce*

Soups: *Unsalted Chicken Consommé, Vegetable Broth, Cream of Tomato*

Cold Sides: *Cottage Cheese, Hummus*

Vegetable: *Pureed Broccoli, Pureed Carrots, Pureed Corn*

Available 6:30 a.m. – 9:00 p.m.: *Chicken Consommé, Beef Bouillon, Mashed Potato, Chicken Gravy*

Available 11:00 a.m. – 9:00 p.m.: *Brown Gravy*

Desserts: *Orange or Strawberry Regular Jello, Sugar Free Jello, Vanilla or Chocolate Ice Cream, Orange or Raspberry Sherbet, Vanilla or Chocolate Pudding, Regular or Sugar Free Popsicle, Vanilla, Chocolate or Strawberry Milkshake, Lemon Ice, Vanilla or Chocolate Mighty Shake, Butter Pecan Magic Cup*

Items below are available at patient's floor after hours. Please speak with your nurse if you need assistance.

Chocolate Pudding, Applesauce, Vegetable Broth, Chicken Consommé, Low Fat Vanilla Yogurt, 2% milk, Sugar Free Jello

Once you have your order, CALL 3-8080

HOURS OF OPERATION: 6:30AM-9:00PM

AFTER HOURS: 9:00PM-10:30PM

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AFTER HOURS: 9:00PM-10:30PM

Additional Items (Available 6:30 a.m. – 10:30 p.m.)

Beverages

- Coffee *Regular or Decaf*
- Lipton® Tea *Regular or Decaf*
- Hot Chocolate *No sugar added*
- Juice *Orange, Apple, Cranberry, White Grape, Tomato, Prune*
- Milk *Skim, 2%, Whole, Vanilla Soy, Lactose Free, Low-fat Chocolate*
- Flavored Water *Raspberry Apple or Strawberry Kiwi*
- Bigelow® Cranberry Apple Tea
- Bigelow® Green Tea
- Unsweetened Iced Tea

Thickened Beverages (Mildly Thick or Moderately Thick)

- Apple Juice
- Dairy
- Orange Juice
- Decaf Coffee

Condiments

Salt, Pepper, McCormick® Seasoning, Sugar, Splenda®, Brown Sugar, Coffee Creamer, Honey, Lemon Juice Packet, Regular or Sugar-Free Syrup, Butter, Margarine, Lite Cream Cheese, Ketchup, Mustard, Mayonnaise, Sour Cream, Hot Sauce, BBQ Sauce

All Menu Items Are Trans Fat Free!

OUR PROMISE: To graciously serve healthy, freshly prepared meals within 60 minutes of your order.

Have your meal choices ready to go before you call the Room Service line! This helps us complete patient orders as quickly as possible. If needed, we're happy to answer any questions about meal choices when you place your order.

CONTACT INFORMATION: To place your order, call **3-8080**
From an outside line: **734-763-8080**
For questions regarding your service, call 6-1447
To speak with a Food Service Manager, call 6-4155

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