

C.S. Mott Children's Hospital and Von Voigtlander Women's Hospital Dysphagia 7 Menu

Room Service Especially for you!



Breakfast (Available 6:30 a.m. – 11:00 a.m.)

● **Build Your Own Omelet** with Regular Egg or Egg Substitute.

Choose from: Cheddar, Swiss, American, Diced Tomato

● **Scrambled Eggs** Regular or Egg Substitute

● **French Toast**

● **Breakfast Potatoes**

● **Fruit Compote**

● **Hard Cooked Egg** Served Chilled

● **Pancakes**

● **Blueberry Pancakes**

● **Chocolate Chip Pancakes**

Baby Foods

Rice Cereal, Oatmeal, Beef, Green Beans, Sweet Potato, Applesauce, Chicken, Peaches, Pears, Squash, Bananas, Carrots

Available All Day (6:30 a.m. – 7:30 pm)

Yogurt/Cottage Cheese: Vanilla Yogurt, Mixed Berry Yogurt, Strawberry Yogurt, Blueberry Yogurt, Greek Strawberry Yogurt, Strawberry Gogurt®, Cottage Cheese

Cereal/Pastry: Cream of Wheat, Oatmeal, Blueberry Muffin

Fruit: Pureed Pears, Pureed Pineapple, Pureed Peaches, Applesauce, Banana, Mandarin Oranges, Sliced Peaches

Entrées

Shaped Pancake Puree

Minced Chicken Noodle Casserole

Minced Vegetable Lentil Stew

Shaped Chicken Puree

Minced Cod and Creamy Potatoes

Minced Savory Beef with Potatoes

Shaped Beef Puree

Minced Chicken Fried Rice

Dysphagia Pasta with Meat Sauce

Dysphagia Meatloaf with Brown Gravy

Desserts

Sherbet Orange or Raspberry

Oatmeal Bar Strawberry or Apple

Sugar Free Jello

Ice Cream Vanilla or Chocolate

Regular Jello Orange or Strawberry

Pudding Vanilla or Chocolate

Popsicle Regular or Sugar Free

Milkshake Vanilla or Chocolate

Chocolate Cake

Lemon Ice

Butter Pecan Magic Cup

Beverages

Juice: Apple, Orange, Cranberry, White Grape, Prune, Tomato

Milk: Skim, 2%, Whole, Chocolate, Silk® Vanilla Soy, Lactose Free

Lipton® Tea Regular or Decaf

Coffee Regular or Decaf

Iced Tea Unsweetened

Hot Chocolate No Sugar Added

Bigelow® Green Tea

Bigelow® Cranberry Apple Tea

Thickened Beverages

Apple Juice (Mildly or Moderately Thick)

Orange Juice (Mildly or Moderately Thick)

Dairy Thick (Mildly or Moderately Thick)

Condiments

Salt, Sugar, Coffee Creamer, Butter, Margarine, Syrup, Pepper, Splenda®, Honey, Ketchup, Brown Sugar, Sour Cream, Hot Sauce, Hummus, BBQ Sauce, Splenda, Mayonnaise, Mustard, Sugar Free Syrup, Grape Jelly, Honey Mustard, Lemon Wedge, Parmesan Cheese, Ranch Dressing, Salsa, Light Soy Sauce, Strawberry Jam, Tartar Sauce, Peanut Butter, Lemon Juice

Hours of Operation: 6:30 a.m. – 7:30 p.m.

Have your meal choices ready to go before you call the Room Service line! This helps us complete patient orders as quickly as possible. If needed, we're happy to answer any questions about meal choices when you place your order.

Once you have your order, CALL 2-3663

From an outside line: 734-232-3663

Lunch/Dinner (Available 11:00 a.m. – 7:30 p.m.)

Entrées

Peanut Butter and Jelly Sandwich

Minced Turkey with Chicken Gravy

Macaroni and Cheese

Baked Haddock

Baked Cod

Cheese Quesadilla

Penne Pasta with choice of Marinara or Meat Sauce

Italian Meat Lasagna Evol® GF Bacon Mac & Cheese

Evol® Plant-Based Veggie Burrito Bowl w/ sweet potatoes, black beans, peppers, & onions, served over rice cauliflower, tomatillo verde sauce

Create Your Own Fiesta Plate (Available with or without rice) Choose from the items below:

Protein (Choose 1): southwest tofu, taco meat, southwest black beans

Toppings (Maximum of 7): diced tomatoes, shredded cheddar cheese, southwest black beans, salsa, sour cream

Amy's® Black Bean Enchilada Corn tortillas filled with tofu, zucchini, corn, peppers, olives, and black beans

Amy's® Indian Mattar Paneer Curried peas and cheese with chana masala, garbanzo beans, and rice

Sides

Soup: Chicken Noodle Soup, Chicken Consommé, Vegetable Broth, Beef Bouillon, Cream of Tomato Soup

Hot Sides: Pureed Peas, Pureed Broccoli, Pureed Corn, Peas and Carrots, Southwest Black Beans, White Rice, Baked Potato, Mashed Potato-available with Chicken Gravy, Mac & Cheese, Penne Pasta-available with Marinara or Meat Sauce

Cold Sides: Hummus, Mediterranean Bread, Wheat Bread, White Bread, Sliced American Cheese, Sliced, Swiss Cheese, Sliced Cheddar, Tuna Packet, Hard Cooked Egg

Revised December 1, 2023

OUR PROMISE: To graciously serve healthy, freshly prepared meals within 45 minutes of your order.

Patient Meal Standards: One (1) Entree, Four (4) Additional Items, and Two (2) Beverages

Guest Tray Standards: One (1) Entree, Three (3) Additional Items, and Two (2) Beverages

Guest trays are \$5.00 until 11:00 a.m., and \$8.00 after 11:00 a.m.

Guest tray fees are charged directly to the patient's hospital account; please note that most insurance companies do not cover this cost.

To speak with a Food Service Manager, call 32525 or (734) 763-2525 from an outside line.

Once you have your order, CALL 2-3663 or (734) 232-3663 from an outside line.