

IBD Patient News



Spring 2019

U-M Division of Gastroenterology

DO YOU NEED MORE VITAMIN D?

After a long Michigan winter, many of us are in need of some extra vitamin D. If you are a patient with either Crohn's or Ulcerative Colitis, you may be even more depleted than others.



Now is a good time to have your levels tested and see if you could benefit from a temporary increase in your supplements.

Since supplement doses vary, always make sure you talk to your doctor about the right dose for you. Foods like oily fish, mushrooms and egg yolks are also a good way of getting Vitamin D into your diet.



We would like to welcome Carolyn Graham as the newest member to our IBD research family. She will be working on the TWINE study as our care coordinator. Her role is to facilitate the more nuanced care for our higher risk IBD patients. We are happy to have her, and look forward to the beneficial change she will make in our patient's lives!



The 4th Annual

Patient-2-Patient Education Project

Refreshments & Lunch will be provided!
Limited seats available.

RSVP at

<https://p2pep19.eventbrite.com>

Contact Kaicey Dettmann with any questions! (734) 936-4233
kaicdett@med.umich.edu

What: Together the Michigan Crohn's and Colitis Student Initiative & Michigan IBD Program invite you to a FREE informational event for IBD patients and their friends/families

When: Saturday, April 13th from 10am-3pm

Where: Palmer Commons, 100 Washtenaw Ave
Ann Arbor, MI 48109

Currently Enrolling Clinical Trials

Ulcerative Colitis

ABT494—Upadacitinib

Oral tablet (Recruitment on hold until Aug. 2018)

This is a phase 2b/3 study for patients with moderate to severe Ulcerative Colitis to evaluate the safety and effectiveness of a new medication targeting JAK1.

Figaro—SHP647

Subcutaneous injection

This is a phase 3 study to evaluate the safety and efficacy of SHP647 in patients with moderate to severe Ulcerative Colitis. If eligible you will go through a 12 week induction, 52 week maintenance and a long term open label until the drug is approved by the FDA.

Crohn's Disease

Carmen—SHP647

Subcutaneous Injection

This is a phase 3 study to evaluate the safety and efficacy of SHP647 in patients with moderate to severe Crohn's Disease. If eligible you will go through a 12 week induction, 52 week maintenance and a long term open label until the drug is approved by the FDA.

M16-006—Risakinumab

IV Induction / Subcutaneous injections for maintenance

This is a phase 3 study to evaluate the safety and efficacy of Risakinumab in subjects with moderate to severe Crohn's Disease.

ABT494—Upadacitinib

Oral tablet

This is a phase 3 study to evaluate the safety and efficacy of Upadacitinib in subjects with moderate to severe Crohn's Disease. If eligible, subjects could be in the study for up to 244 weeks.

Observational

Biofire: To determine if intestinal infections are associated with flares of irritable bowel syndrome with diarrhea

Databank: Collect various samples from healthy volunteers and those with IBD

FitBit Steroid Taper: Track the outcomes of steroid tapers with the use of a FitBit wristband. The FitBit will monitor activity levels, sleep and heart rate in order to predict the outcomes of steroid tapers and predict future flares. Patients who are tapering off of prednisone and have Ulcerative Colitis or Crohn's Disease are eligible to participate.

PASS: To learn more about long-term use and safety of Vedolizumab used in IBD treatment

Sparc: Identify new tests to predict who will respond to what treatment

Target: 5 year study for adults and pediatrics to specifically address clinical questions that remain unanswered from registration trials

3D Printed Custom Ostomy Wafers: To improve the quality and design of traditional ostomy wafers by 3D printing customized silicone wafers for patients. Patients with ostomies are eligible to participate.



IBD CLINICAL RESEARCH TEAM



Kelli Porzondek
Project Manager



Zack Bearinger



Kaicey Dettmann



Jen Dixon



Carolyn Graham



Kimberly Heeringa



Katelin Roth



Angie Theil



Tasneem Tweel