

What is Mepilex®?

Mepilex is a soft foam dressing that absorbs drainage while keeping your wound moist and helping to prevent infection. Mepilex® won't stick to the wound. It sticks gently to the surrounding skin.



What are my instructions while I have Mepilex in place®?

- Keep the Mepilex® dry.
- Do not shower with the Mepilex® uncovered. Your nurse will instruct you how to bathe or shower safely.
- You may adjust or lift the Mepilex® if necessary.
- Do not remove the Mepilex®; it may need to remain in place for several days. Your nurse will instruct you on how often to change your dressing.
- You may wear a net or compression bandage over the Mepilex® as instructed.

Do not remove the dressing unless instructed to by your healthcare provider.

When should I call the clinic?

Call the Trauma Burn Clinic at (734) 936-5738 if you have any of the following signs or symptoms of infection:

- Fever higher than 101.5 degrees
- Green, discolored, or excess drainage
- Increased pain
- Redness around the wound
- Increased swelling, or other changes in wound appearance
- Foul smell from wounds

Disclaimer: This document contains information and/or instructional materials developed by the University of Michigan Health System (UMHS) for the typical patient with your condition. It may include links to online content that was not created by UMHS and for which UMHS does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

Author: Trauma Burn Center

Patient Education by [University of Michigan Health System](#) is licensed under a [Creative Commons Attribution-NonCommercial-ShareAlike 3.0 Unported License](#). Last Revised 04/19