

Care Instructions After Scar Revision Surgery

What can I expect after my child's scar revision surgery?

- Your child may have some bruising and swelling around the surgery site.
- There may be some bleeding or drainage (leaking fluid) from the incision (the cut made for their surgery).
- It may take 1 year or longer to see the final results from this surgery, as the scar goes through many changes in the healing process.

What pain medications will my child be taking?

- We will prescribe acetaminophen (Tylenol®) and ibuprofen (Motrin®) to help manage your child's pain after surgery. You should give these medications around-the-clock (except for when they are sleeping) for about 3-5 days after surgery. **Around-the-clock** means you will give them throughout the day on a set schedule. Give them these medications together every 6 hours (for example, you can give doses of both Tylenol® and Motrin® at 9:00 AM, 3:00 PM, and 9:00 PM).
- We may also prescribe oxycodone for pain control. You should only give them this if their pain is not being controlled by the acetaminophen and ibuprofen.

What activities should my child avoid after surgery?

- Your child may go back to their normal activities as they're comfortable.
- Depending on the location of your child's scar, there may be other restrictions on activities that your child's provider will ask you to follow.
- Your child can bathe or shower 24 hours after surgery, but have them try to avoid submerging the incision site in water.

When should I call the Pediatric Plastic Surgery clinic?

Call the clinic:

- If your child has any extreme swelling around the surgery site
- If they have pain that is not going away and is not relieved by their pain medications
- If you notice symptoms of infection, such as:
 - o Bright redness around the incision
 - o Thick, pus-like drainage (leaking fluid) from the incision site
 - o Fever (a temperature greater than 100.8° F)

What is the contact information for the Pediatric Plastic Surgery clinic?

- Between 8:00 AM 4:30 PM Monday through Friday, call (734) 998-6022 or send us a message through the online patient portal (MyUofMHealth.org).
- For urgent issues after 4:30 PM or on weekends, call the hospital at (734) 936-4000. Ask the operator to page the on-call pediatric plastic surgeon.

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