

# Zevalin Therapy Discharge Instructions

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You have received Zevalin Therapy. Zevalin does not give off gamma or X-Ray radiation so you do not need to avoid contact with other people and you can go home after your therapy.

There are safety precautions to follow, due to some radiation in your body fluids (urine, saliva, blood, breast milk.) Please follow these precautions for 7-10 days after your therapy:

- Always flush the toilet after each use.
- Wash your hands completely after using the toilet.
- Avoid tongue kissing.
- Make sure your toothbrush and other personal hygiene items are only used by yourself.
- Use a condom during sex.
- Women should not breastfeed.

**Female patients:** Discuss pregnancy with your doctor. In general, pregnancy should be avoided for about 1 year following therapy.

## Who do I contact if I have questions?

Monday-Friday, 8am-4pm: Contact the Nuclear Medicine nurse at (734) 232-6072.

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