

Prostate Biopsy Home Care Instructions

You have just undergone a transrectal prostate biopsy. In this procedure a needle is inserted into the prostate gland through the wall of the rectum. The prostate gland is located just below the bladder.

These written instructions accompany the verbal instructions you received about possible problems that you may encounter following the biopsy.

What should I expect after the biopsy?

- A small amount of bleeding in the urine and semen is normal following this biopsy. If you have any large amount of bleeding or passing of clots occurs, please contact your doctor or return to the hospital.
- A small number of people will develop a severe infection following this biopsy. You received a prescription for pills which you must take as directed to help prevent any infection. **Please remember to take these pills.**

When should I call for help?

Go to the nearest emergency room or call 911 if you develop any symptoms of infection such as:

- fever
- chills
- faintness
- severe pain in the pelvis

It is best to go to the nearest emergency room, particularly if you live a long distance from the University Hospital. Prostate infections can be severe and life threatening.

When should I resume taking my blood thinning medications or aspirin?

If you are taking blood-thinning medicine or aspirin, please do not take these medicines for at least 24 hours after the biopsy. You may then resume these medicines and other normal physical activity.

How much pain should I expect after the biopsy?

A small to moderate amount of pain is normal. A painkiller such as Ibuprofen (Motrin) or Tylenol should be enough to control the pain. Please do not use aspirin for at least 24 hours following the biopsy.

Who can I call if I have questions?

It has been a pleasure to participate in your care. Please feel free to call our office any time at (734) 936-7657 with any questions, problems or concerns:

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