

## **Samarium (Sm-153) Therapy Discharge Instructions**

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You have received Samarium Therapy. A small amount of the radioactive medicine that you received for therapy can possibly be transferred to others near you. Most of the radioactive medicine leaves your body in your feces and urine. Following these precautions for 7-10 days after your therapy to help reduce the radioactive transfer and possible exposure:

- Keep the toilet that you use very clean
- Flush the toilet 2 or 3 times after each use
- Keep small children away from the toilet area
- Men need to sit during urination to prevent urine from splashing on the floor
- Wash your hands immediately following each use of the toilet
- Promptly wash clothing soiled with feces or urine. Wash them separate from other clothes.
- Use condoms if you are sexually active

**Female patients:** If you are of childbearing age, you need to use a highly effective birth control method during, and for a minimum of 6 months after the Samarium treatment. Talk to your doctor about getting birth control.

### **Who do I contact if I have questions?**

Monday-Friday, 8am-4pm: Contact the Nuclear Medicine nurse at (734) 232-6072.

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