

Radiology Procedure Sedation Discharge Instructions

What are my Care Instructions?

You received a combination of sedatives to relax you for your Radiology procedure. A small tube (IV) was placed in a vein to give you the medicines to help you relax. You may feel sleepy or not yourself for several hours today.

Follow-up care is the key part of your treatment and safety. Be sure to make and go to all appointments, and call your doctor if you have problems.

How can I care for myself at home?

Activity

For your safety, for 24 hours after getting sedation, avoid activities that requires motor coordination. Do not:

- drive a car or operate heavy machines
- use a bicycle or sporting equipment
- cook or use home appliances
- make important or difficult decisions

Diet

- Eat your normal diet. If your stomach is upset, try bland, low-fat foods like plain rice, toast and yogurt
- Drink plenty of fluids (unless your doctor tells you not to).
- Do not drink alcoholic beverages for 24 hours

Medications

- Please take your normal medicines your doctor has prescribed.

When should you call for help?

Call 911 anytime you think you need emergency care. Call if you have any of the following signs and symptoms:

- Shortness of breath
- Chest pains
- Loss of consciousness (if you passed out or fainted)

Call the Radiology Nursing Station at 734-936-4515 between 8am and 5pm Monday through Friday if you have any of the following signs and symptoms:

- Excessive sleepiness that you cannot think clearly
- Vomiting that does not stop
 - Redness, swelling, red streaking or pain at IV site

After hours you can call the Radiology Superchief at 734-936-6267, pager 1800.

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