

# **PET Cardiac Viability Study Discharge Instructions**

---

## **What are my Care Instructions?**

You received insulin during your Radiology Procedure. Drink the container of juice you received from us if you have any of the following:

- shakiness
- sweating
- dizziness
- hunger
- weakness
- fatigue
- irritability
- anxiousness
- restlessness
- fast heartbeat
- blurred or impaired vision
- headache

Follow-up care is the key part of your treatment and safety. Be sure to make and go to all appointments, and call your doctor if you are having problems.

## **How will I care for myself at home?**

### **Activity**

- Avoid strenuous physical activity for 6 hours after your procedure

### **Diet**

- You can eat your normal diet.
- Drink plenty of fluids (unless your doctor tells you not to).

### **Medications**

You can take your normal prescription medicines as your doctor has instructed you to do.

## Special Instructions

- You will get test results from the doctor who ordered your radiology procedure.
- You will receive follow up care from your doctor who ordered your radiology procedure.

## When should I call for help?

- Call 911 anytime if you have any of the following signs and symptoms:
  - shortness of breath
  - chest pains
  - Loss of consciousness – (if you passed out or fainted)

Call 911 anytime you think you need emergency care.

- Call the **Nuclear Medicine scheduling desk, 734-232-3231, to be transferred to a nurse** between 8am and 5pm Monday through Friday, if you have any of the following signs and symptoms:
  - Any of the above symptoms that do not go away after eating
  - Continuous vomiting
  - Redness, swelling, red streaking or pain at IV site
- After hours you can call the Radiology Superchief at 734-936-6267, pager 1800.

Disclaimer: This document contains information and/or instructional materials developed by the University of Michigan Health System (UMHS) for the typical patient with your condition. It may include links to online content that was not created by UMHS and for which UMHS does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

Patient Education by [University of Michigan Health System](#) is licensed under a [Creative Commons Attribution-NonCommercial-ShareAlike 3.0 Unported License](#). Last Revised 12/2015