

**Tell your doctor if you are pregnant or breastfeeding.**

You have scheduled a Thyroid Treatment and Scan study. This study uses a radioactive material. Before any treatment, you should have had an I-131 uptake and scan or an I-131 neck and chest scan. These scans determine correct treatment dosage.

## Patient Preparation

- Stop taking medications ( Synthroid®, Cytomel®). Your doctor will tell you how long in advance you need to stop taking your medication.
- Before any treatment, you must have the following blood work tests:
  - Pregnancy
  - Thyroid Stimulating Hormones (TSH)
  - Thyroglobulin (TG)
- Do not eat or drink for an hour before swallowing the radioactive material.

## Procedure

- We will ask you to sign an Informed consent form.
- Then, you will receive the therapy treatment by mouth. If you need a post therapy scan, we will give you instructions on return appointment times. You will also get post therapy precautions relating to the amount of therapy given.

Disclaimer: This document contains information and/or instructional materials developed by the University of Michigan Health System (UMHS) for the typical patient with your condition. It may include links to online content that was not created by UMHS and for which UMHS does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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