

# Esophageal Reflux

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**Tell your doctor if you are pregnant or breastfeeding.**

You have scheduled a Esophageal Reflux study. This study uses a small amount of radioactive material. The level of radioactivity used is extremely low and has no side effects.

## **How do I prepare for my study?**

- Start fasting (no eating or drinking) the night before your study
- Do not eat or drink anything before the exam

## **What will happen during my study?**

1. You will drink a small amount of orange juice with radioactive material in it.
2. We will place an inflatable binder around your middle, inflate, and deflate it repeatedly.
3. We will position you on an imaging table, under a special detector called a gamma camera. The camera will be close to the part of your body being imaged. The camera does not produce any radiation and will not cause any pain or discomfort. This will take about 1 hour.

Disclaimer: This document contains information and/or instructional materials developed by the University of Michigan Health System (UMHS) for the typical patient with your condition.

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