

What are my Care Instructions?

You received a medication that may have lowered your heart rate and blood pressure for your CT. You might experience a headache, mild light headedness or dizziness.

Follow-up care is the key part of your treatment and safety. Be sure to make and go to all appointments, and call your doctor if you are having problems.

How will I care for myself at home?

Activity

- Rest for the remainder of the day following your exam.
- Avoid strenuous physical activity for 24 hours following your exam.

Diet

- You can eat your normal diet. If your stomach is upset, try bland, low-fat foods like plain rice, toast and yogurt.
- Drink plenty of fluids (unless your doctor tells you not to).

Medications

- You can take your daily prescription medicines as your doctor has instructed you to do except for the following:
 - If you take Levitra or Viagra do not take this medication for 24 hours after your exam.
 - If you take Cialis do not take this medication for 48 hours after your exam.

Special Instructions

- You will get your test results from the doctor who ordered your radiology exam.
- You will receive follow up care from your doctor who ordered your radiology exam.

When should I call for help?

- Call 911 anytime if you have any of the following signs and symptoms:
 - shortness of breath
 - chest pains
 - Loss of consciousness - (if you passed out or fainted)

Call 911 anytime you think you need emergency care.

- Call the Radiology Nursing Station at 734-936-4515 between 8am and 5pm Monday through Friday, if you have any of the following signs and symptoms:
 - Continuous nausea and vomiting
 - Hives or itching
 - Sleepiness
 - Dizziness or light headedness that does not go away
 - Redness, swelling, red streaking or pain at IV site

After hours you can call the Radiology Superchief at 734-936-6267, pager 1800.

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