

CT Contrast Reaction Discharge Instructions

What are my Care Instructions?

You had an allergic reaction to CT Contrast. You might still be itchy or have hives or a rash.

Follow-up care is the key part of your treatment and safety. Be sure to make and go to all appointments, and call your doctor if you have problems.

How can I care for myself at home?

Activity

- If you have received any medicines for your contrast reaction, including Benadryl® and Epinephrine®, for your safety, avoid activities that require motor coordination.

Diet

- Eat your normal diet. If your stomach is upset, try bland, low-fat foods like plain rice, toast and yogurt.
- Drink plenty of fluids (unless your doctor tells you not to).
- Do not drink alcoholic beverages for 24 hours.

Medications

- Please take your normal medicines your doctor has prescribed.

Special Instructions

- Should you need an IV contrast agent for CT in the future, please advise the Radiology Department of this reaction.
- Please talk with your doctor before your next CT requiring a contrast agent for possible premedication with steroids and Benadryl®.

When should you call for help?

Call 911 anytime you think you need emergency care. Call if you have any of the following signs and symptoms:

- Shortness of breath
- Chest pains
- Loss of consciousness (if you passed out or fainted)

Call the Radiology Nursing Station at 734-936-4515 between 8am and 5pm Monday through Friday if you have any of the following signs and symptoms:

- More hives or rash
- Itching
- Swelling
- Dizziness
- Vomiting that does not stop
- Redness, swelling, red streaking or pain at IV site

After hours you can call the Radiology Superchief at 734-936-6267, pager 1800.

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