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# Halloween Safety

## Keeping Halloween safe and healthy

Halloween can be a time of fun memory-making for you and your children, but there are many hazards to watch out for. These hazards range from candy, costumes, accessories, decorations, and transportation.

### How can you keep your children most safe on this fun holiday?

#### Treats

- Wait until getting home to eat candy in a well-lit area.
- Examine candy for choking risk or tampering.
- Do not eat candy that is not commercially packaged.

#### Street Safety

- Look both ways in crossing the street and only cross at designated cross walks.
- Help drivers see you by wearing reflective tape on costumes and bags and traveling with a flash light.

#### Costumes

- Wear bright and reflective costumes.
- Costumes should be well-fitted to avoid tripping and allow full vision.
- Always test make-up on a small area first to check for skin reactions.
- Do not wear decorative contact lenses.

#### Decorations

- Use battery powered lights rather than candles for jack-o-lanterns.
- Keep walkways well-lit.
- Have younger children draw on pumpkins with a marker and have adults carve.

#### The most common injuries during Halloween:

- Pedestrian-vehicle accidents (almost 4 times higher on Halloween).
- Finger/Hand injuries, including cuts related to pumpkin carving and falls.
- Falls from poorly lit stairs and walkways.

