

ACCEPTABLE PHOSPHORUS FOODS

Grains, Cereals and Pasta



Rice



Bread



Crackers



Cereal



Flour Tortillas



Pasta



Muffin

Milk Substitutes



Rice Milk



Almond Milk

Dairy / Protein



Butter



Cream Cheese



Sour Cream

Fruits and Vegetables



Snacks and Sweets



Unsalted Popcorn



Unsalted Pretzels



Angel Food Cake



Vanilla Wafers



Rice Krispy Treats



Graham Crackers



Sugar Cookies



Vanilla Sandwich Cookies



Frozen Fruit Pop



Sherbet



Hard Candy



Jelly Beans

Beverages



Clear Color Soda -
Ginger Ale



Lemonade



Water



Tea