

# Visit Options: The Michigan Plan for Appropriate and Tailored Healthcare in Pregnancy (MiPATH)

	Hybrid prenatal care	In-person prenatal care	Group prenatal care
<b>How many prenatal visits will I have?</b>	You will have at least 8 total prenatal visits. Your doctor or midwife may recommend more based on your medical and pregnancy history.		
<b>How many in-person and virtual visits will I have?</b>	This model includes 5 in-person visits and 3 virtual visits. For virtual visits, you will have a home blood pressure cuff.	This model includes 8 in-person visits. You will not need a home blood pressure cuff for your visits.	This model includes 1-on-1 in-person visits as well as virtual group sessions for education.
<b>What are the possible benefits of this model?</b>	Virtual visits can decrease your travel time and make care more convenient. Some people feel more ownership over their care with home devices.	Some people prefer to come to the clinic and see their doctor or midwife in person for all of their appointments.	Some people like the extra education, peer support, and sense of community with group care.

	<b>Hybrid prenatal care</b>	<b>In-person prenatal care</b>	<b>Group prenatal care</b>
<b>What are the possible downsides of this model?</b>	Some people, especially first-time parents, may not feel comfortable with virtual visits.	Some people find traveling to the clinic inconvenient.	Some people find the group appointments are too long or don't fit their schedule.
<b>Will I need to have a home blood pressure cuff to participate in this model?</b>	Yes, to complete virtual visits you will need a home blood pressure cuff.	No, for routine care you will not need a blood pressure cuff, unless recommended.	You will discuss this with your doctor or midwife.
<b>What happens if I change my mind?</b>	You can change your prenatal care plan at any time.		
<b>What if I want extra education or support in pregnancy?</b>	There are many options for more education and support! View the <b>MiPATH Education and Social Support Resources</b> list to discover more.		

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