#### **IMPORTANT NUMBERS**

Michigan Medicine Labor and Delivery Triage/After Hours: (734) 764-8134

St. Joseph Mercy Ann Arbor Family Birth Center: (313) 298-7738

Poison Control: (800) 222-1222

Emergency Services: 911

National Suicide Prevention: 988

Community Resource Referrals: 211



# Who is eligible to join Michigan Medicine's MIHP?

#### To join MIHP a person must:

- have Medicaid insurance
- be pregnant
- have a child younger than 12 months old (please contact office if infant is less than 18 months)

## Maternal Infant Health Program Referral Coordinator

Alexis Johnson, LLBSW

If you prefer to text for MIHP information, please text Alexis at: (734) 545-2962

### **CONTACT US:**

Monday- Friday 8:00am - 4:30pm MIHP Office: (734) 477-7238 Email: HCS-MVN-MIHP@med.umich.edu

We service Washtenaw and Livingston County.

Please contact our office for information for other counties.

#### **If you have Medicaid questions, contact:**

www.michigan.gov/medicaid Phone Number: (800) 642-3195







# Michigan Medicine

Maternal Infant Health Program (MIHP)

# What is the Maternal Infant Health Program (MIHP)?

The Maternal Infant Health
Program (MIHP) is a free
program funded by the State of
Michigan to help you have a
healthy, safe pregnancy and
provide support as you raise a
healthy child and family.



## Benefits of enrolling in Michigan Medicine MIHP

Families enrolled MIHP will get help with access to community resources, transportation, WIC, and childbirth or parent education classes.



Care includes **home**, **community** and/or **telehealth visits** with a:

- Licensed Social Worker
- Registered Nurse and Lactation Consultant
- Registered Dietician

## Michigan Medicine MIHP Highlights

Pregnancy information and support

Breastfeeding information and support

Help and referrals to agencies for insurance and baby supplies

Education and support for choosing foods you and your baby need to be healthy

Infant care and parenting information

**Emotional support** 

Referrals for special services for family or baby needs

Support to quit smoking

Education on available family planning and contraception methods

Learn ways to calm your new baby and promote safe sleep

