

## Resource List for Lewy Body Dementia

### Books that can help adults understand and cope with Lewy Body

#### Dementia:

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Elizabeth Tierney DIGNIFYING DEMENTIA A Caregiver's Struggle	Dignifying Dementia: A Caregiver's Struggle Tierney, E. (2011), Cork, Ireland: Oak Tree Press Dignifying Dementia is both a love story and an attempt to reach out to others who are living through or who will live through a similar tragedy. It is written in the hope that others might benefit from what the author learned as the caregiver of a person with Lewy Body dementia.
A CARTERY OF CARE OF CONTROL OF C	A Caregiver's Guide to Lewy Body Dementia: Empowering Today's Dementia Caregiver Whitworth, J. & Whitworth, A. (2008) Boyne City, MI: Cando Books This book is written in everyday language and filled with personal examples that connect to the readers' own experiences. It provides an accurate, detailed view of the disease in easy to understand terms.

Living with Lewy Body Dementia	Living with Lewy Body Dementia: One Caregiver's Personal, In-depth Experience Judy Towne Jennings PT, MA (2012) Bloomington, IN: WestBow Press This book is authored by a personal caregiver and professional physical therapist with many years' experience in movement disorders.
<image/> <section-header></section-header>	Lewy Body Dementia: Causes, Tests, and Treatment Options Stevenson, E.; Miller, D.; & Wainwright, A. (2012) Middletown, DE This book is an easy-to-understand guide that can be applied to the lives of those affected by LBD whether they are friends or family.
ADVANCED GALLEY PROOF THE BRAIN IS A BOUNDARY A JOURNIY IN POINTS OF LEWY BODY DEMENTIA ALEXANDER DREFER	The Brain is a Boundary: A Journey in Poems to the Borderlines of Lewy Body Dementia Dreier, Alexander (2016) Great Barrington, MA: Lindisfarne Books This unique book explores the experience of the boundaries in consciousness in Lewy Body Dementia through poetry.

# Online resources that can help adults understand and cope with Lewy Body Dementia:

- The Rinne LBD Initiative (a program of the Michigan Alzheimer's Disease Center): <u>https://alzheimers.med.umich.edu/lbd/</u>
- Lewy Body Dementia Association: <u>www.lbda.org</u>
- Care Guides From Your Clinician: Alzheimer's Disease Center (MADC)
  <u>http://careguides.med.umich.edu/alzheimers-disease-center</u>

Alzheimer's Disease Center Resource List for Lewy Body Dementia

#### Who can I contact to find out more?

For more information, call (734) 764-5137 or visit <u>http://alzheimers.med.umich.edu</u>

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan. Edited by: Karelyn Munro, BA

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