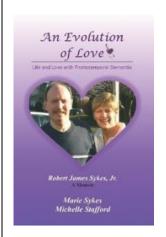


# Resource List for Frontotemporal Dementia

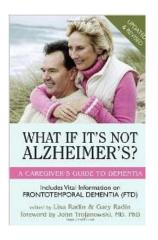
## Books that can help adults understand and cope with Frontotemporal Dementia:



#### An Evolution of Love

Stafford, M. & Sykes, M. C. (2011) Georgetown Publishing, LLC

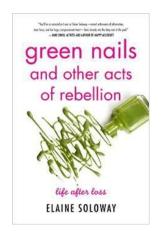
Robert J. Sykes, Jr (Bob) was diagnosed with Frontotemporal Dementia in December 2003 at the age of 47. It is a story of loss, but it is also a story of love and devotion in the face of devastating illness. This story will provide support and inspiration for others who are coping with dementia and other irreversible illnesses.



### What If It's Not Alzheimer's: A Caregiver's Guide to Dementia

Radin, L., Radin, G. & Trojanowski, J. (2008) Amherst, NY: Prometheus Books

The first comprehensive guide dealing with frontotemporal dementia (FTD), one of the largest groups of non-Alzheimers dementias. This newly revised edition provides the most current medical information available.



#### Green Nails and Other Acts of Rebellion, Life After Loss

Soloway, E. (2014)

She Writes Press

Early in 2009, after more than a decade of marriage, Elaine Soloway's husband, Tommy, began to change. Ultimately, Tommy's doctors discovered that he had frontotemporal degeneration—a diagnosis that explained Tommy's baffling symptoms and transformed Soloway from irritated wife to unflappable, devoted caregiver in one fell swoop. In Green Nails and Other Acts of Rebellion Soloway documents Tommy's disease progression, shedding light on the day-to-day realities of those who assume the caregiver role in a relationship with uncompromising honesty and wry humor.

### Online resources that can help adults understand and cope with Frontotemporal Degeneration:

- The Association for Frontotemporal Degeneration <a href="http://www.ftd-picks.org/">http://www.ftd-picks.org/</a>
- Care Guides From Your Clinician: Alzheimer's Disease Center (MADC) http://careguides.med.umich.edu/alzheimers-disease-center

#### Who can I contact to find out more?

For more information, call (734) 764-5137 or visit <a href="http://alzheimers.med.umich.edu">http://alzheimers.med.umich.edu</a>

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

Edited by: Karelyn Munro, BA

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