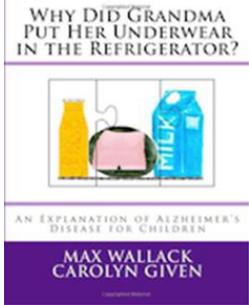
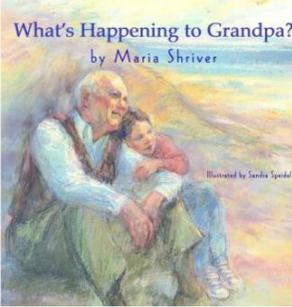
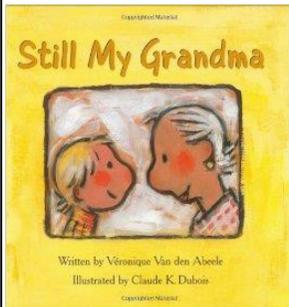


Resource List for Alzheimer's Disease – For Children

Books that can help children understand and cope with Alzheimer's:

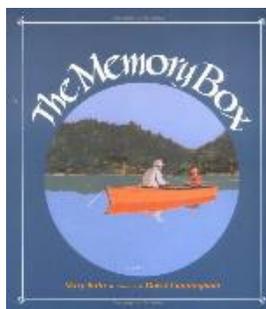
	<p>Why Did Grandma Put Her Underwear in the Refrigerator? Wallack, M. & Given, C. (2013)</p> <p>Authors Max Wallack and Carolyn Given believe that no child is too young to learn about Alzheimer's disease, or how to participate in providing safe care for their loved one. <i>Why Did Grandma Put Her Underwear in the Refrigerator?</i> is a sensitive, light-hearted children's story that seamlessly provides its young readers with a toolbox to help them overcome their fears and frustrations. It shares easy-to-understand explanations of what happens inside the brains of adults with Alzheimer's and how to cope with changes in their grandparents.</p>
	<p>What's Happening to Grandpa? Shriver, M. (2004)</p> <p>Kate has always adored her grandpa's storytelling – but lately he's been repeating the same stories again and again. One day, he even forgets Kate's name. Her mother's patient explanations open Kate's eyes to what so many of the elderly must confront: Alzheimer's disease and other forms of memory loss. Determined to support her grandfather, Kate explores ways to help him – and herself – cope by creating a photo album of their times together, memories that will remain in their hearts forever.</p>



Still My Grandma

Van den Abeele, V. (2007)

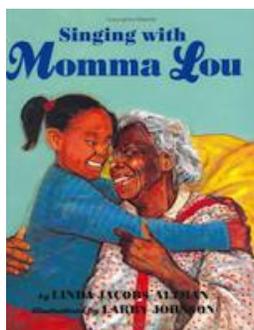
The realities of Alzheimer’s disease are gently introduced in this story for young readers about the special relationship between a girl and her grandmother. Camille and Grandma have sleepovers, bake cupcakes, giggle at old photographs, and go shopping together. But one day Grandma forgets Camille’s name. Then she can’t remember where to put her shoes. Camille learns that her grandma has Alzheimer’s disease, which is what makes her do strange things. And even though Grandma has to move out of her house and rely on nurses to care for her, Camille finds creative ways to maintain their friendship. Sensitive illustrations emphasize the story’s theme of unconditional love.



The Memory Box

Bahr, M. (1992)

When Gramps realizes he has Alzheimer’s disease, he starts a memory box with his grandson, Zach, to keep memories of all the times they have shared.



Singing with Momma Lou

Altman, L.J. (2002)

Nine-year-old Tamika Jordan dreads visiting her grandmother at the nursing home. Momma Lou has Alzheimer’s and always forgets who Tamika is. But when Tamika’s father shows her Momma Lou’s scrapbooks, the young girl gets the idea of jogging Momma Lou’s memory. During each visit, she shows her grandmother memorabilia from the scrapbook: Momma Lou dressing Tamika like an angel for a Christmas pageant, marching in a civil rights demonstration, and singing “We Shall Overcome” with other jailed protesters. One day Momma Lou recognizes a newspaper clipping and leads everybody in a celebration of song.

Who can I contact to find out more?

For more information, call (734) 764-5137 or visit

<http://alzheimers.med.umich.edu>

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Edited by: Karelyn Munro, BA

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