

## What is Mepilex Transfer®?

Mepilex Transfer is a foam pad that contains silver and is used to cover your burn. It absorbs drainage that occurs during the healing process and the silver properties are necessary to prevent infection. It stays in place for up to 14 days. The foam will not stick to your burn (it sticks to the skin that is not injured around the burn). A gauze bandage roll, gauze netting or ace wrap are commonly used to help keep the dressing in place.



## What are my instructions while I have Mepilex Transfer® in place?

- Keep the area **dry** and **clean**, no showering until instructed otherwise during your follow-up visit with our Burn Clinic team.
- Avoid direct contact with sunlight
- Avoid extreme temperatures (hot and cold)
- Your Mepilex Transfer and the gauze wrap covering may get darker in color as they absorb drainage from the wound. This is normal. If needed, another layer of gauze wrap can be added to the dressing or you can replace the gauze wrap. **Do not** remove the grey Mepilex foam. With Mepilex Transfer, outer dressing changes may be required frequently during the first 2-3 days. Drainage will slow in the following days.
- Your Mepilex Transfer dressing may begin to have an odor, especially towards the end of the 14-day period. This is expected.
- This dressing should last until your follow-up visit with our Trauma Burn Clinic, therefore few additional supplies are needed (you should be sent home with extra gauze wrap for the outer dressing and other outer dressings to hold the Mepilex Transfer in place).

- It is important that you continue to **move** in order to minimize loss of function **unless** specifically ordered otherwise by the doctor.
- At your Trauma Burn Clinic follow-up appointment, your Mepilex Transfer dressing will be removed, your healing will be assessed and we will determine the next steps for your care.

**Do not remove the Mepilex Transfer unless instructed to by your healthcare provider.**

### **When should I call the clinic?**

Call the Trauma Burn Clinic at (734) 936-5738 if you have any of the following signs or symptoms of infection:

- Fever higher than 101.5 degrees
- Green, discolored, or excess drainage
- Increased pain
- Redness around the wound
- Increased swelling, or other changes in wound appearance
- Foul smell from wounds

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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