

For the first 48 hours do not remove your dressing.

What are my care instructions after 48 hours?

Follow these steps to wash your laser treated skin starting 48 hours after treatment until the end of the first week:

- Remove dressing and shower if you would like.
- Use gentle soap on the treated areas.
- Apply bacitracin or Vaseline® to the treated areas **at least 2 times per day**. Reapply as needed to keep wounds moist at all times. A moist wound heals better than a dry, scabbed wound.
- Cover with a gauze. If the gauze sticks to the wound, you may use a nonstick dressing like Adaptic®.
- Keep wound covered with gauze for **5 days**.

What are my care instructions after 7 days?

Most of the treated areas should be healed by this time. Your treated areas will likely have a red/ pink appearance.

- If you have open areas that have not healed yet, continue to treat them with bacitracin or Vaseline® and gauze until healed.
- Healed areas can be left open to air without a gauze dressing.
- Moisturize healed areas with a fragrance free skin moisturizer.
- Avoid direct sunlight on the treated area.

There are no restrictions on your activity.

When should I call the Clinic?

Call the Trauma Burn Clinic at (734) 936-5738 if you have any questions, or if you have any of the following signs or symptoms of infection:

- Fever higher than 101.5 degrees
- Green , discolored, or excess drainage
- Increased pain
- Redness around the wound
- Increased swelling, or other changes in wound appearance
- Foul smell from wounds

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Author: Trauma Burn Center

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