

Acticoat® Dressing- Moist

Acticoat® is a fabric dressing that protects wounds and helps prevent infection.

- Acticoat® must be kept damp at all times, not wet. Check your dressing every 2-3 hours while you are awake to make sure it stays damp. If the dressing is dry use tap water, sterile water, or distilled water to moisten it. Do not use well water or normal saline. You may use a clean spray bottle to moisten the Acticoat®.
- An absorbent gauze dressing is kept on top of Acticoat® to help keep it damp. You may change this outer gauze if it becomes soiled. Make sure it is moistened before you apply it.
- You may shower or bath normally, but do not allow the Acticoat® to get soaked with water. You may cover with plastic wrap to protect it.
- Acticoat® may stay on for up to seven days. Do not remove your Acticoat® dressing unless directed to by your healthcare provider. It is usually removed during your clinic visit; please follow your discharge instructions.
- If your dressing shifts and your wound is exposed, gently move the Acticoat® to its original location to make sure your wound is covered completely at all times.
- Keep your burns elevated above your heart as much as possible to reduce swelling.

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- Call the Trauma Burn clinic at (734) 936-5738, or report to the emergency department if you have any of the following signs and symptoms that may indicate an infection:
 - Redness
 - Increased pain
 - Increased swelling
 - Foul odor
 - Increased discharge
 - Temperature higher than 101.5 degrees Fahrenheit taken orally

Disclaimer: This document contains information and/or instructional materials developed by the University of Michigan Health System (UMHS) for the typical patient with your condition. It may include links to online content that was not created by UMHS and for which UMHS does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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