

Scar Revision Surgery

Post-Operative Instructions

What is scar revision?

Surgical scar revision is an option available to patients faced with scars originating from injury or through surgery. Depending on the severity of the scar, revision of the scarred tissue may aid in the restoration of both form and function.

What can I expect after the surgery?

- Some bruising and swelling.
- May have slight bleeding from the incision. Apply 4x4 gauze with slight pressure to control the bleeding.
- Skin grafts and flaps may take several weeks or months to heal; a support garment or bandage may be necessary for up to a year.
- Final results of surgery may take a year or more.

How will I take care of the incisions?

- Avoid exposing scars to sun for at least 12 months.
- Always use a strong sunblock, if sun exposure is unavoidable (SPF 30 or greater).
- Keep steri-strips on; replace if they come off.
- Keep incisions clean and inspect daily for signs of infection.
- Keep area clean and dry first 24 hours.
- No tub soaking while sutures or drains are in place.
- Sutures will be removed in 5-14 days.

How will I manage my child's pain at home?

Your child's pain will probably be well controlled by the time he is discharged from the hospital. You may receive a prescription for a pain reliever, upon discharge from the hospital.

What will my child be able to eat?

Your child will probably be tolerating a regular diet soon after surgery.

What kind of activity can my child do after surgery?

- Resume normal activities gradually.
- Activity depends on where the scar revision was located. Your surgeon will give you specific directions at the time of surgery.

When will my child return for a follow-up appointment?

An appointment will be made for you to return to the Plastic Surgery Clinic about 5 to 14 days after discharge. Please make a list of any questions you may have. If you are unable to keep your appointment, it is very important for you to call and reschedule.

When should I call the doctor?

Call us if your child has any of the following signs or symptoms:

- Increased swelling or bruising.
- Swelling and redness persist after a few days.
- Increased redness along the incision.
- Severe or increased pain not relieved by medication.
- Any side effects to medications; such as, rash, nausea, headache, vomiting.
- An oral temperature over 101 degrees.
- Any yellowish or greenish drainage from the incisions or notice a foul odor.
- Bleeding from the incisions that are difficult to control with light pressure.
- Loss of feeling or motion.

What is the contact information?

If you have any question, problems or concerns call the Pediatric Plastic Surgery clinic from 8-5:00pm Monday thru Friday, 734-763-8063. After 5:00pm or on the weekends if you have urgent issues call hospital paging at 734 936-4000 and ask the operator to page the Plastic Surgery Resident “on call”.

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