Maxillary Prosthesis Care Instructions

What is a maxillectomy?
A maxillectomy/palatectomy is a surgical procedure removing all or part of the hard or soft palate. The resulting defect makes swallowing, speaking, chewing, and the use of regular denture appliances almost impossible.

What is a maxillary prosthesis?
A maxillectomy/palatectomy prosthesis or "obturator" restores the surgical defect and aids in the function of speaking, chewing, or swallowing. It fills the void left by the surgery and artificially replaces loss of tissues and teeth. Prosthodontic treatment involves:

- Patient counseling and instruction
- Physical therapy (oral - physical)
- Dietary counseling
- Hygiene maintenance and instruction
- Fabrication of prosthodontic appliances

Fabrication of obturators is usually accomplished in three phases:

- Immediate - This is the surgical prosthesis it will be placed at the time of surgery and is secured in place by either wires or small screws. It will remain in place until your 1st post op visit with the prosthodontist.
- Transitional - this phase is started 10-14 days after surgery when surgical dressings or immediate prosthesis are removed. The transitional prosthesis is placed and modified until healing is complete. This phase may extend from 2-24 months.
• Definitive - this phase begins when healing is complete and involves fabrication of prosthesis intended for long term use. Definitive treatment may involve fixed prosthesis (crowns) and / or removable prosthesis.

Any phase of treatment may be altered dependant on the nature of the disease and its staging, radiation, chemotherapy, surgical complications, and the morbidity of the disease.

**Obturator Care**

• Clean the obturator after meals and at bedtime. Use soap and water or denture paste on a brush to remove plaque. Stains can be removed with commercial soaking agents.
• Clean the obturator over 4-5 inches of water in a basin or sink to avoid damage to the obturator should it drop.
• Remove the prosthesis at night and place it in a container of water. (Please note, that the surgical obturator is not to be removed).

**Who should I call if I have questions?**

• (734) 936-5950, Monday - Friday, 8 a.m. - 4:30 p.m.
• After hours and on weekends, call Hospital Paging at (734) 936-6267 and ask for the Oral & Maxillofacial Surgeon on call.