

# **Peer Mentoring**

C.S. Mott Children's Hospital Craniofacial Anomalies Clinic has partnered with the Office of Patient Experience to offer a Peer Mentoring Program.

### What is a peer mentor?

A peer mentor is a patient who has been on a similar health journey as the one you are facing. Each peer mentor is available to share their experiences, provide information, answer your questions and provide emotional support.

### How are they trained?

Each peer mentor has attended formal training and receives ongoing staff support and follow-up.

#### How does it work?

We will give you contact information for one of our mentors. The two of you will determine the amount of contact you have, the type of contact, and the length of your relationship.

## How can I be matched with a peer mentor?

If you feel you may benefit from being connected to one of our mentors contact our social worker Laura Hatch LMSW:

Phone Number: (734) 232-6943 Email: <a href="mailto:lhatch@med.umich.edu">lhatch@med.umich.edu</a>.

# We look forward to connecting you with a mentor!

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

Patient Education by <u>Michigan Medicine</u> is licensed under a <u>Creative Commons</u> <u>Attribution-NonCommercial-ShareAlike 3.0 Unported License</u>. Last Revised 06/2018