

Preparing for Your Computed Tomography (CT) Exam

How do I prepare for my exam?

- Stop eating **4 hours** before the appointment time.
- You may drink clear liquids up to **2 hours** before the appointment time (unless otherwise instructed).
- **Clear liquids allowed:**
 - Tea/black coffee
 - Apple or cranberry juice
 - Lemon or lime Jell-O
 - Clear chicken or beef broth
 - Sodas
 - Water
- Take prescription medication as prescribed with a small amount of water, unless otherwise instructed by the Radiation Oncology Department.
- Some CT scans require the use of IV iodinated contrast. If you have an allergy to iodinated contrast, you should have received a prescription from your health care provider for a steroid prep and instructions to obtain over the counter Benadryl.
 - Benadryl causes drowsiness. If you will be taking a steroid and Benadryl prep, you will need to bring a driver or you will be asked to wait 4 hours before discharge from Radiation Oncology.

When you arrive:

- You may be asked to change into a patient gown or pants upon arrival if the scan you are receiving require us to do so.
- We are unable to supervise children under the age of 12 years old during your exam, please make arrangements for child care before your appointment.

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