

Valtoco® (Diazepam nasal spray)

What is Valtoco®?

Valtoco is the brand name for diazepam, a medication taken as nasal spray to control increased seizure activity in people with epilepsy. Caregivers give the medication to the patient during repetitive seizures. It is important to give the medication as directed by the healthcare provider who prescribed it.

Who should not use Valtoco?

Let your healthcare provider know if you have any of the following conditions which may prevent you from taking Valtoco:

- Breathing difficulties such as asthma
- Kidney or liver disease
- Age over 65
- You are a woman of childbearing age, pregnant or a nursing mother

I am a caregiver: what do I need to know about using Valtoco?

Before giving Valtoco you must read carefully and understand these instructions.

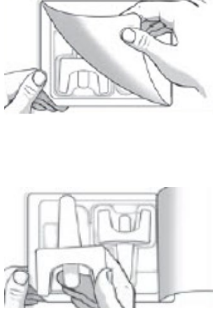
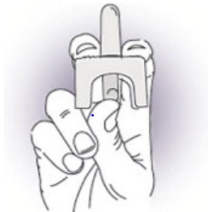


Make sure you reviewed the following points with the healthcare provider who prescribe Valtoco and you know:

- How to use the medication
- The types of seizures that require treatment
- What you need to monitor after use
- When to seek medical attention

Before you give the medication do the following:

1. Confirm the proper dose is shown on the foil backing of the medication.
2. Check the package to make sure it is not damaged.
3. Check the expiration date to ensure the medication has not expired.

Instructions for Use

	<ol style="list-style-type: none">1) Remove 1 blister pack from the box2) Each blister pack contains 2 spray devices both must be used to administer the full dose
	<ol style="list-style-type: none">3) Hold the nasal spray unit with your thumb on the plunger and your middle and index fingers on each side of the nozzle4) Do not test or prime the device
	<ol style="list-style-type: none">5) Place the tip of the nozzle into 1 nostril until your fingers on either side of the nozzle touches the bottom of the nose
	<ol style="list-style-type: none">6) Press the plunger firmly to deliver the dose of Valtoco nasal spray, make sure to firmly press the plunger using 1 motion.7) Repeat steps 3-5 with the other dose into the opposite nostril8) Keep or move the person onto their side, facing you, so that you can watch them closely, loosen any tight clothing, and provide a safe area where the person can rest. <p>Illustrations © NEURELIS, Inc. Access at: https://www.valtoco.com</p>

Video demonstration available at: <https://www.Valtoco.com/how-to-use>

Please do not give Valtoco until you feel comfortable with how to use the medication

What should I do after treatment?

Stay with the person for at least 4 hours and make notes on the following:

- Changes in resting breathing rate
- Changes in skin color
- Possible side effects from treatment
- **Only if** your healthcare provider instructs you to do so give a second dose of Valtoco.

What can I expect after treatment?

Seizures should stop 15 minutes after you give the medication. Call for medical help if the seizures continue after 15 minutes, or when your healthcare provider says to call.

What are the possible side effects of Valtoco®?

The most common side effects include:

- Sleepiness
- Headache
- Diarrhea

Other side effect include:

- Dizziness
- Diarrhea
- Incoordination
- Rash
- Difficulties with movement
- Slurred speech
- Changes in taste
- Watery eye
- Asthma

Seek immediate medical attention if any of the following occur:

- Significant reduction in breathing rate
- Signs of allergic reactions such as swelling of the face or tongue.

When should I call for medical help?

Call your healthcare provider if any of the following occur:

- Seizure continues 15 minutes after giving the medication.
- Seizure behavior is different from other episodes.
- The frequency or severity of seizures, the color of the person, or their breathing is alarming.
- Your healthcare provider instructs you to call.

Safety information

- Check the expiration date and inspect the nasal spray before you give the medication
- Do not use Valtoco if you are allergic to midazolam.
- Do not drive, operate machinery, or ride a bike until you no longer feel the effects of Valtoco.
- Do not use Valtoco in combination with alcohol or other medication that can cause drowsiness unless otherwise instructed by your healthcare provider.
- This medication is not meant for daily use. Speak with a healthcare provider for more information.

How do I store Valtoco?

Store at room temperature and out of reach of children

Where can I find more information?

- Go to <http://www.valtoco.com> or call 1-866-696-3873
- Epilepsy Foundation: Call 1-800-EFA-1000 or visit <http://www.EFA.org>.

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