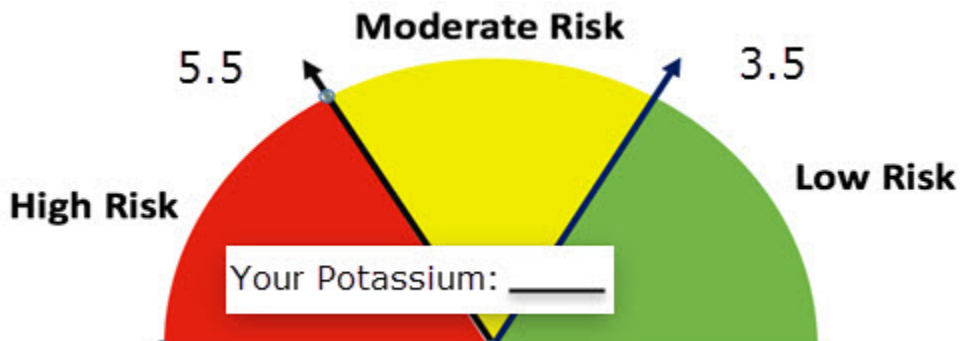


Why do I need Kayexalate?

The amount of potassium in your body is high. Kayexalate (Sodium polystyrene sulfonate) is a medication that lowers the level of potassium in the blood.



What problems can high potassium cause?

- Potassium keeps your heartbeat normal. High amounts of potassium can cause abnormal heartbeat and lead to emergency department visits or hospital admission.
- You may also have diarrhea, weakness or muscle cramps

Your doctor prescribed Kayexalate to reduce the amount of potassium in your body and avoid heart problems and emergencies

How do I take Kayexalate?

1. Mix 4 teaspoons of Kayexalate into 2 ounces of water (2 medicine cups).
2. Mix well.
3. Drink the liquid.

Mix:



4 teaspoons

+



2 Medicine Cups
of water(2 oz)



Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan

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